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The Becoming Center

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Happy St. Patrick's Day!

Residents flocked to the lobby on March 17th, to celebrate the holiday with a special treat. We all enjoyed Irish potatoes and warm hot chocolate with a dash of Bailey's Irish Cream, and toasted to the start of a happy, healthy spring season. A big thank you to Trudy B., for sharing her musical talents as we sang along to popular Irish tunes.



Director's Corner



Spring is in the air! I love the longer days and the promise of warmer weather ahead. It gives me more energy and allows me to get outside to do the things I love. I hope this is true for you as well. A nice walk in the park (especially since we have one right next to The Manor) is a great way to start

or end the day. A trip to Peddler's Village, Bowman's Tower or one of the local museums is another great way to spend some time outdoors.

If the weather doesn't cooperate, or your allergies don't allow much outdoor activity, join a card or board game in our new Game Room Lounge on the second floor, or a movie in our new Theater. There's so much to do, so be sure to check The Manor calendar to find something fun to fill your day. Best of all, there's no need to rush to get back in time for lunch. While the dining room serves lunch from 12 – 2pm, you can now also enjoy a meal in the club room from 2 – 4pm daily. This makes it even easier for the busiest of residents to never miss a meal.

I wish you a happy Easter or Passover, and hope you get to enjoy the holidays with family and friends.

Wendy Petro
Executive Director, The Manor at York Town



Upcoming Trips...

Shopping at Neshaminy Mall

The Becoming Center Gym

Grocery shopping at Giant

Shopping at Walmart and surrounding stores

Men's Club and Ladies of Leisure Lunch trips

discovering his family history, and how you can pursue your own stories.

Shuffleboard with Friends: With the spring weather comes outdoor games! Shuffleboard on the patio every Monday afternoon – weather permitting.

Bocce Ball: Beginners and advanced players welcome – give it a whirl! Wednesday afternoons – weather permitting.

Resident Association Quarterly Meeting: Open meeting of the Resident Association. All are welcome.

Bell Chimes Choir: The Indian Valley Choir Chimes will provide an enjoyable performance on April 13 for all interested residents.

Fun Food Facts: Manor Chef Mark will talk to the group about recipes, interesting facts, and we can all share stories and memories of favorite meals.

Manor Q&A Meeting: Join us for an informative discussion of current programs and answers to your questions from directors of each department.

Bingo: Have some fun and play with friends! Cash prizes – bring your dollars to play along!

Event Highlights

April 7 & 21: Computer Lessons: Local computer "whiz" and volunteer, Dave R. will be here twice a month to help with your iPad, Tablet, Smartphone or Laptop questions.

Blood Pressure Checks: Doylestown Hospital staff will provide Blood pressure readings for any interested residents.

Ted Talks: Join us to watch a 15-20 minute informative presentation on various topics, and then hold our own discussion. This month's topic: *How to live passionately—no matter your age.*

Sharing Your Family History Discussion: Join fellow resident Rich M., as he discusses his journey of



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Crafty Residents!

In celebration of the start of Spring, several residents painted colorful floral designs on tote bags. Our own housekeeper and crafting enthusiast, Sharon, guided them through simple brush strokes, to make their own unique designs.



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Happy Hour back in the Great Room

It was so nice to be able to come together in a large group, and enjoy wine, snacks, and good company during our Monday Happy Hour activity. We also welcomed a new pianist, Sean, who played beautiful, melodic background music while we socialized.



A Farewell to Computer Helper Dave!

Our knowledgeable, friendly, and patient Computer teacher, Dave, will hold his last computer session on Thursday, April 21. He and his wife have decided to move to sunny Florida, in early May. Dave has been helping residents learn basic skills on their iPads, tablets, smartphones and computers since March of 2020. He also taught a group class covering popular smartphone apps and websites. We have all learned a great deal from Dave, and will miss him around the community! Please join us in thanking him for sharing his knowledge and experience with The Manor.



A Little Competition Among Friends!

The NCAA March Madness college basketball tournament is in full swing. The overall winner of our Manor pool will be revealed in early April. As of now, the frontrunners are:

Joe K., Wendy P., & Courtney G.

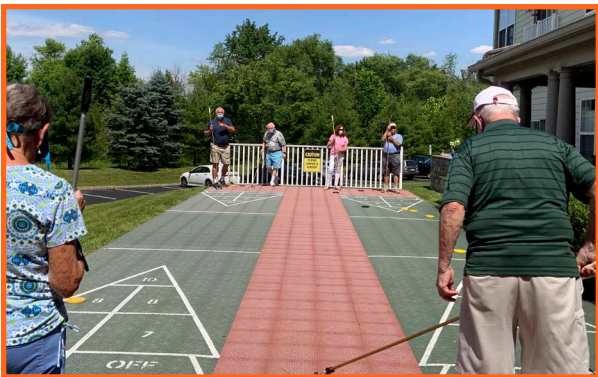
But it's not over yet - good luck to all of the participants!



The next fun and friendly competition will take place on May 7, for the 2022 **Kentucky Derby**. More info on how to join the action will follow in the coming weeks. Good luck to all of the Manor Gamers!

Outdoor Games

Spring is here, and with it comes beautiful weather and fun & games! Shuffleboard and Bocce Ball will be played every week. If you've never played before, or haven't played in a while, now is your chance to join the fun!



Ash Wednesday at The Manor

Last month, the Great Room was filled as Pastor Nathan, of the Redeemer Lutheran Church, led a special Ash Wednesday worship service, open to all.



Welcome New Residents

Maureen R. moved into The Manor in late February, from her home in Newtown, where she lived for 8 years. Prior to Newtown, Maureen lived in the Jamison Hunt community for approx. 20 years. Maureen grew up in the Mayfair section of Philadelphia and graduated from St. Hubert's Catholic High School. She then attended the University of Pennsylvania and Immaculata College. Maureen has 3 daughters and 8 grandchildren. She previously worked for Abington Home Care for over 20 years and the New Hope-Solebury School District for 4 years before retiring. Maureen's hobbies include Bocce Ball, Pool Aerobics, Book Clubs and visiting with friends and family. Fun Fact: As a child, Maureen and her family lived and attended school in Ireland for over a year, before heading back to Pennsylvania. Maureen is enjoying her new apartment and happy to meet all of her new friends and neighbors. Welcome to the community, Maureen!



Trudy & Peter B. moved into the community in mid-February. They came here from nearby Newtown, PA, where they lived for 38 years. Prior to Newtown, the couple and their family lived in Cairo, Egypt, Bethlehem, PA, Virginia, and Washington DC. Trudy grew up in Southeast Ireland. Peter was raised in the Port Richmond section of Philadelphia and attended Northeast Catholic High School. He then graduated from University of California Berkeley before joining the Navy. Peter was a Commander in the Navy, and served on active and ready reserve for 23 years. The couple have been married for 57 years and have 2 children and 2 grandchildren. As for careers, Peter worked in training and development for several decades, which brought him to many international locations in the Middle East, South America and Asia. Before retiring, Peter was the Director of Customer Service for Merck Pharmaceuticals. Trudy studied nursing while in Ireland, and worked in everything from Midwifery to Geriatrics. In her younger years, she worked and lived in London, Montreal, and New York. Before retiring, Trudy was the Nursing Manager at nearby Pennswood Village.

The couple share many hobbies including music, gardening, reading, traveling (especially to Hawaii!), and charity work. They are also members of the Gilbert & Sullivan Society of Bucks County. They are enjoying life at The Manor so far, and feel very welcome and comfortable in their beautiful apartment home. Welcome to The Manor, Peter & Trudy!

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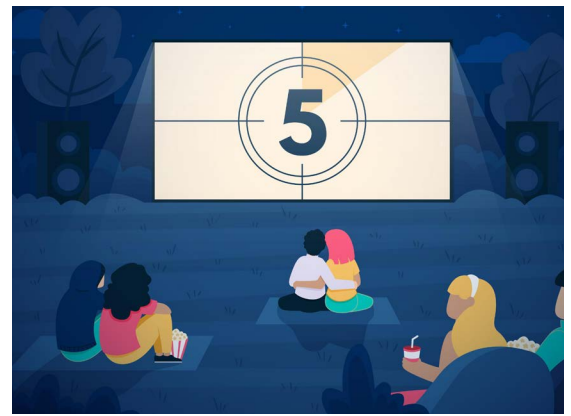
Yumm...it's Mardi Gras!

Residents enjoyed a sweet treat on March 1. Who can think of a better way to celebrate *Fat Tuesday*, than with a variety of fresh, delicious, Yum Yum donuts!



Upcoming Weekend Movies

Specific viewing dates will be available each week. Please note: We will show the below films on Saturday at 7:45pm, and Sunday at 2pm and 7:45pm. Therefore, you have several options to view these popular Classic or New Release movies.



Murder Mystery 2019, A New York cop (Adam Sandler) and his wife (Jennifer Aniston) go on a European vacation to reinvigorate the spark in their marriage, but end up getting framed and on the run for the death of an elderly billionaire. 1h 37min, PG-13

Secret Obsession 2019, Recuperating from trauma, Jennifer remains in danger as she returns to a life she doesn't remember. Starring Brenda Song & Mike Vogel. 1h 37min, TV-14

Dreamer 2005, A Thoroughbred and a horse trainer both get a second chance, but can a little girl inspire them to win? Starring Kurt Russell & Dakota Fanning. 1h 45min, PG

Coach Carter 2005, Controversy surrounds high school basketball coach Ken Carter (Samuel L. Jackson) after he benches his entire team for breaking their academic contract with him. 2h 16min, PG-13

The Ugly Truth 2009, An uptight television producer (Katherine Heigel) takes control of a morning show segment on modern relationships hosted by a misogynistic man (Gerard Butler). 1h 36min, PG-13

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