

IN THIS ISSUE

Page 2

Director's Corner
Upcoming Trips
Event Highlights

Page 3

When the Bell Tolls!
Future Resident Club

Page 4

Pub Style Dining
A Farewell to Computer
Helper Dave!

Page 5

Sharing Your
Family Stories
Outdoor Games
Fitness Frenzy

Page 6

Welcome New Resident
Fabulous Jewelry
for a Good Cause

Page 7

Upcoming
Weekend Movies
Liberty at Home

Page 8

The Becoming Center

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A Breath of Fresh Air!

We are all looking forward to outdoor Happy Hour this spring. Happy Hour will be held on the outdoor dining patio each Thursday (weather permitting). Come out to enjoy wine, snacks, and good company. Cheers to beautiful weather, good friends, and good times at The Manor!



Director's Corner



Spring cleaning is underway at The Manor! Since all apartments are leased, and we will be at 100% occupancy by July, we needed to find space for our model apartment furniture. As we looked around in our basement storage areas, we found a great deal of old, unused and unneeded "stuff".

It made me think of all of you, and the process you went through to declutter and sort through years of accumulated items when you made your move to The Manor. What do we keep? What do we donate? What do we just throw away? These questions are not easy to answer, especially when you are a saver like me.

We scheduled some time for the staff to dedicate to this project, and we all came in ready to work. While it wasn't an easy job, my fabulous team gave it their all, and we were able to clear out some much needed space. It is hard to express how good it felt to finally clear out the old "stuff" and make space for the newer, more useful items. It truly was a team effort and I can't thank them enough for their hard work and dedication to The Manor.

Next month we will celebrate the 21st Anniversary of The Manor at York Town! Since I have been with The Manor from the beginning, sorting through all the old things in storage allowed me to reminisce about the past, but getting rid of some of it made me excited for what the future holds for The Manor!

Happy Mother's Day and enjoy your Memorial Day!

Wendy Petro
Executive Director, The Manor at York Town



Upcoming Trips...

Spring Walk through Peace Valley Park

Shopping at Neshaminy Mall

Grocery shopping at Giant

Newtown Farmers Market

Trip to the Polls for the Primary Election

Ladies of Leisure & Mens Club Lunch trips

Event Highlights

May 2: Sharing Your Family History Discussion: Join fellow resident Rich M., as he discusses his journey of discovering his family history, and how you can pursue your own stories.

May 6: Happy Hour & 100th Birthday Party: Celebrate resident Fred P.'s 100th birthday with live entertainment, and birthday cake for all!

May 7: Kentucky Derby: Watch the horse race on the big TV in the Great Room, and see who wins the pool. Good luck to all the participants!

May 7, 10, 24 & 28: One-on-One computer lessons: Join our new student computer helpers, Aidan, Clare & Stephen for help with your tablet or computer questions.

May 12: Piano in the Lobby: Our new pianist, Amy, will fill the lobby with musical melodies.

May 13: Spring Craft with Sharon: Join crafting enthusiast and housekeeper Sharon, as we design a flower pot for the season.

May 18: Ted Talks: Join us to watch a 15-20 minute informative presentation on various topics, then hold our own discussion. May topic: *We could kick-start life on another planet but should we?*

Mondays & Wednesdays: Shuffleboard & Bocce Ball: Beginners and advanced players welcome – give it a whirl! Every week – weather permitting.

May 20: Fun Food Facts: Manor Chef Mark will talk to the group about recipes, interesting facts, and we can all share stories and memories of favorite meals.

May 23: Bingo: Have some fun and play with friends!



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When the Bell Tolls!

The Generations of Indian Valley Chimes Choir performed for us last month. The melodies resonated through the room, as the choir synchronized the bell chimes for all to enjoy. After the performance, a few residents rung the chimes with a steady flip of the wrist.



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Pub Style Dining

Residents are now enjoying our new *Pub Menu*, offered between our typical lunch and dinner service. Delicious menu options such as burgers, sandwiches, salads, wings and more are available each day, served hot in the Club Room or available for takeout from 2:00 to 4:00pm each day.



A Farewell to Computer Helper Dave!

Our knowledgeable, friendly, and patient computer teacher, Dave, held his last computer session last month. Dave has been helping residents learn basic skills on their iPads, tablets, smartphones and computers since March of 2020. We have all learned a great deal from Dave, and will miss him around the community! New computer helpers are scheduled to begin their lessons this month. Check the calendar for specific dates and times for our new student computer helpers!



Sharing Your Family Stories

Resident and published author Rich M. presented a program last month on discovering your family history. The program was interactive and well-attended and inspired fellow residents to research their own ancestry. Rich will host this class again this month, on May 2 at 2:30pm. All are welcome to join the class and be inspired!



Outdoor Games

Weekly Shuffleboard and Bocce Ball games have begun! All residents are welcome to join the fun!



Fitness Frenzy

Exercise Classes with Fitness Director John

Our popular Thursday Balance & Conditioning class will occur at 8am and 10am. The Advanced Cardio class, for our seasoned, fast paced participants, will occur at 11am on both Tuesdays & Thursdays. **Plus, all residents have a free membership to the Becoming Center Gym. Our van travels to the Becoming Center on Tuesdays at 9:45am. Sign up at the concierge desk to come along!** All are welcome to attend any of Fitness Director John's fabulous daily Manor fitness classes, or see John for some personal instruction tailored just for you.



Welcome New Resident



Ann B. moved into her 2nd floor apartment in late March. She comes to us from nearby Warrington, where she lived for almost 30 years. Anne spent her early years in Philadelphia, until she moved to Croyden in 2nd grade. She began high school at Bishop Egan High School, then graduated from Bishop Conwell. After high school, Anne attended Bucks County Community College, Kutztown University and Trenton State University. She then received her master's degree in Special Education from Temple University.

Anne had a variety of jobs throughout her career. She held positions as a Special Ed teacher in Philadelphia, an instructional advisor, a behavioral management teacher, an acting vice principal, and even traveled across the country helping public schools to integrate special education into their curriculum.

As for hobbies, Anne enjoys reading, dancing, crafting and macramé. She loves spending time with friends, and has one friend she has known for over 50 years, and talks with her every night, without missing a day in years! Anne loves her new apartment and is looking forward to meeting all of her new neighbors.

Welcome home, Anne!

Fabulous Jewelry for a Good Cause

Housekeeper and crafting enthusiast, Sharon, has utilized her skills for a worthy cause. She created attractive and colorful earrings of all shapes and sizes. All proceeds from the sale were donated to *Americares*, an organization providing medical supplies to the people of Ukraine. Thank you to Sharon for making beautiful jewelry, and to all of the staff and residents who purchased these stylish items.



Upcoming Weekend Movies

Please check the activity calendar for specific viewing dates. Please note: We will show the below films on Saturday at 7:45pm, and Sunday at 2pm and 7:45pm. Therefore, you have several options to view these popular Classic or New Release movies. You are also free to watch these or other movies anytime the Manor Theater is available. See the concierge for details.



Secret Obsession 2019, Recuperating from trauma, a young wife remains in danger as she returns to a life she doesn't remember. 1h 37min, TV-14

Rescued by Ruby 2022, Based on a true story, this is a heartwarming story of a state trooper who dreams of joining the K-9 Search & Rescue team, but no one will give him the chance. Shelter dog Ruby dreams of having a home, but is running out of hope. When fate brings them together, it's their unshakable bond that helps them face their toughest challenge yet. 1h 30min, PG

Ordinary World 2016, The mid-life crisis of a husband and father who, on his 40th birthday, decides to revisit his punk-rock past by throwing an extravagant party in the presidential suite of the Drake Hotel - where he encounters his beautiful ex-girlfriend and former bandmates who have since moved on to bigger and better things. 1h 26min

Argo 2012, Acting under the cover of a Hollywood producer, a CIA agent launches a dangerous operation to rescue six Americans in Tehran during the U.S. hostage crisis in Iran in 1979. Starring Ben Affleck, Bryan Cranston, & John Goodman, 2h, R

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