

News from FEBRUARY 2023 THE MANOR

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The Becoming Center

Editors & Contributors

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Potluck Brunch

Residents enjoyed a delightful brunch last month. Attendees showed off their culinary talents as they brought dishes ranging from breads, spreads, & salads to full entrees and delectable desserts. A big thank you to the Resident Association Potluck Brunch committee for organizing this enjoyable event, and to all of the residents who shared their delicious treats with their neighbors. Bon Apetit!















Director's Corner



Lots of exciting things are happening around The Manor! The hallways on the first floor are painted, and carpet installation will begin on February 6th. The new quartz top for the Club Room bar has been ordered.

We expect installation of the quartz top, as well as the new carpeting to occur in late February/early March. We also completed the wiring for the new Connected Living display TV by the front elevator. We have been busy inputting data into the system so we can roll it out on the 20th! Many exciting improvements to come!

Connected Living is going to be our new method of communicating with all of you. It will have a wealth of information that will be available right at your fingertips. Be sure to check your calendar and sign up for one of our small group Connected Living training sessions this month. During the session, you will receive your iPad and password, along with some basic training on how to navigate the Connected Living app. It is so user friendly, I am sure you are all going to love it!

This month, we will also welcome PS Salon & Spa to The Manor. *Join them for a Meet & Greet during the February 23rd 4pm Happy Hour in the Great Room.* Meet the stylist, learn about the services they will be providing, and enter to win raffle prizes. They will officially open as The Manor salon operator on March 1st.

Happy Valentine's Day!

Wendy Petro
Executive Director,
The Manor at York Town



FEBRUARY

Upcoming Trips...

The Becoming Center Gym

Neshaminy Mall

Men's Club & Ladies of Leisure Lunch outings

Shopping Trip to Walmart

Event Highlights

Wednesdays & Fridays at 11am: The new Functional Fitness will be offered for those who are seeking a mild, low impact fitness class.

Introduction with American Heritage Credit Union: A representative from this local bank will provide info and small prizes for anyone passing by the lobby.

Valentine Craft with Sharon: Let's see how creative you can be! Sample craft is on display at the concierge desk. Signup to join in.

Fridays - Line Dancing Fun: put on your dancing feet and learn a new Line Dance. No experience necessary, just a desire to dance and have a little fun!

Tuesdays - Computer
Lessons: Local high school
student and computer "whiz"
Aidan, will be here to help
with your iPad, tablet,
smartphone or laptop questions.

Vaccine Clinic: Small Town
Pharmacy will be here to
offer Shingles, Covid Boosters
and Flu vaccines for any
interested residents.

SuperBowl Sunday: Watch the big game with friends and see who wins the resident pool! Valentine's Trivia & Happy Hour: Test your knowledge of romance and history with Valentine's-themed questions and answers.

Valentine's Day
FlowerGrams: Send a
smile to your neighbors!
Carnations and personalized
greetings will be delivered to
your neighbors' doors on Feb
14. Sign up in advance at
the Concierge desk.

Manor Q&A Meeting:

Directors from each department will share updates and answer your submitted questions.

Ted Talks: Watch a 15-20 minute informative presentation on various topics, and then hold our own discussion. January topic: Honest liars - the psychology of self-deception.

Avoiding fraud scams: Learn valuable information, in a fun format, presented by Peoples Bank.

Happy Hour with Lively
Entertainment: Have a toetappin' good time with the sounds of local musician,
Joe Parker.

Specialty Drinks for Happy Hour: Enjoy refreshing Pina Coladas at Happy Hour! Feel free to wear your favorite summertime Hawaiian shirts.

Ash Wednesday Service:

Join Pastor Nathan of the Redeemer Lutheran Church for a spiritual holiday service. All are welcome.

iPad Distribution & Basic Training: Small group sessions are scheduled for various days in February. Sign up to learn more about Connected Living.

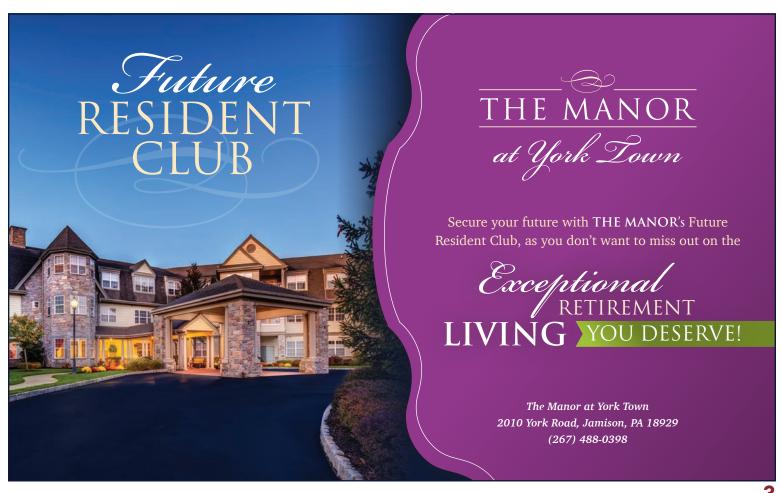
Who Loves to Fish?

Are you interested in deep sea fishing? Would you like to join fellow residents in a fishing trip this spring? To find our more, or confirm your participation, please see Peter B. by Feb 15. If we have enough interest, we'll start planning. Come along and catch some fun!





The Manor "Gaming Commission" has organized another Super Bowl Pool for the big game on Sunday, February 12. Based on the scores each quarter, cash prizes will be awarded, along with a grand prize for the final score. Join the fun, and stop by the Club Room on Wednesdays or Saturdays to get in on the action. Blocks are sold for \$5.00 on a first come first serve basis - no experience necessary!



Food Collection Drive

The Manor collected a variety of greatly needed items for the Bucks County Food Pantry in Doylestown. On Martin Luther King Day, staff and residents worked together to sort and group all collected items for the pantry. We collected an impressive number of donations including cans of soup, cereals, pasta sauces, toothbrushes, and a large variety of other food and hygiene products totaling close to 200 lbs. A big thank you to everyone who contributed to the drive. The recipients and the *Bucks County Housing Group* truly appreciate your kindness and generosity.







Connected Living is Coming Soon!

The new communication tool, Connected Living, is coming to The Manor. With this new system, you can view event calendars, newsletters, resident directories, menus, and community announcements - anytime, anywhere. The system is easy to read and easy to use. Several resident training sessions will be held in the coming weeks, so you can all become familiar and comfortable with this new, easy-to-use technology. Stay tuned for more info on this exciting new information program.



Line Dancing Fun

Staff and residents learned the Cupid Shuffle dance last month. A large group moved their feet in unison, as we all shuffled to the beat of this catchy song. We plan to continue dancing through the month. You're all invited to come by on Friday afternoons to see which dance we'll learn next.



New Fitness Class for 2023!

Fitness Director John has begun his new class in January, geared towards those looking for a slower-paced, low impact class. Residents who may have low muscle tone, mobility concerns,



or just need a more mild class, are encouraged to attend. You can join this class on a temporary basis during a recovery period, or as a long term strengthening routine. All are welcome to get fit with John at his new Functional Fitness Class on Wednesdays and Fridays at the new time - 11am!

Therapy Options for You

Physical therapist, Joe Nemcik, of Powerback Rehab visited our community to promote healthy lifestyles, the benefits of in-home PT, OT and Speech Therapy, and answered questions from the audience. If you have any additional questions or want to schedule a visit with a therapist, brochures and contact information can be found in the Community Life office.



Holiday Gift Presentation and Hoagie Lunch

Resident Association President Ed, Executive Director Wendy, and Luanne Fisher, President and CEO of Liberty Lutheran, presented holiday gifts to current Manor employees. Each recipient was called to the front of the room, to accept their gifts. Several employees were also recognized for their numerous Fish Cards, in which they were "caught" performing above and beyond their duties. Congratualtions to the employees who received the most Fish Cards: Housekeeper Sharon, Dining Director Steve, and Concierge Luanne. Additionally, several employees were recognized for 5 & 10 years of service to The Manor. After the presentation, all attendees mingled and enjoyed delicious hoagies generously provided by the Residents' Association. We also browsed through jewelry, benefitting the Liberty Lutheran Disaster Relief Fund, and creatively crafted by Sharon. On behalf of all Manor staff, a heartfelt thank you to all of the residents who contributed to the employee appreciation fund and submitted Fish Cards. Our team greatly enjoys working together, and providing quality service to every Manor resident.







Computer Help is Back!

Knowledgeable and friendly high school student, Aidan, will be here each Tuesday at 4:00pm to help residents with their computer, tablet or phone questions. While he may not be able to fix every issue, he will certainly use his vast knowledge to address your technology questions. Sign up at the concierge desk to secure your time with Aidan.



Upcoming Weekend Movies

Please check the activity calendar for specific viewing dates. Please note: We will show the below films on **Saturday at 7:45pm**, and **Sunday at 2pm and 7:45pm**. Therefore, you have several options to view these popular Classic or New Release movies. You are also free to watch these or other

ierge for details

movies anytime The Manor Theater is available. See the concierge for details.

Dog Gone 2023, When his beloved dog goes missing, a young man and his parents embark on an incredible search to find him. Starring Rob Lowe. TVPG, 1h 35min

Mr. Harrigan's Phone 2022, A boy and an aging billionaire bond over books and their first iPhone, but when the man passes, their mysterious connection refuses to die. Starring Donald Sutherland. PG13, 1h 46m

Moulin Rouge 2001, An entertaining musical about a poor Bohemian poet in 1890s Paris who falls for a beautiful nightclub star coveted by a jealous duke. Starring Nicole Kidman, Ewan McGregor, & John Leguizamo. PG13, 2h 7m

Open Range 2003, A former gunslinger is forced to take up arms again when he and his cattle crew are threatened by a corrupt lawman. Starring Kevin Costner, Robert Duvall & Annette Bening. R, 2h 19m



IT'S just BETTER HERE!

Our Fonthill style apartment home offers luxury, unique styling and spaciousness like no other two-bedroom apartment in the market area. The master bedroom boasts vast space with dimensions of 15.5' by 17' with a oversized walk-in closet for great convenience.

Schedule a personal visit today, as this apartment home won't last long!

Call (877) 242-0412 or go to TheManoratYorkTown.org/Lifestyle

to arrange your visit with Courtney.

The Manor at York Town • 2010 York Road, Jamison, PA 18929



www.TheManoratYorkTown.org





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