



The Manor at York Town - May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR 1:30 Shuffleboard with friends - PT 2:30 Jeopardy - GR 4:00 Happy Hour - GR	2 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk - CY 9:30 Coffee & Donuts - LB 9:45 <i>Trip to the Becoming Center Gym (SU) - VT</i> 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 11:00 Dining Committee Meeting - PD 1:30 Pinochle - CR 3:00 Mexican Train - GL 3:30 Ted Talks - <i>Having fun is the Secret to Life</i> - GR 7:45 Netflix: Explained - MT	3 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:00 Functional Fitness - GR 2:00 Card & Board Games - GL 3:00 Men's Club - CR 3:00 Crafting with Sharon: Make your Kentucky Derby Hat (SU) - BR 7:45 Netflix: Emily in Paris - MT	4 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 1:30 Bridge - CR 2:15 Rummikub - GL 2:30 Federal Programs for Seniors, presented by Rep. Fitzpatrick's office - GR 4:00 Outdoor Happy Hour - PT	5 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 10:45 <i>Grocery Shopping Trip (SU) - VT</i> 11:00 Functional Fitness - GR 1:30 Line Dancing Fun - GR 2:00 Card & Board Games - GL 2:45 Wii Bowling - GR 4:00 Cinco de Mayo themed Outdoor Happy Hour with Marketing Guests	6 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 6:30 Watch the Kentucky Derby with Friends - GR 7:45 Movie Night - MT
7 2:00 Movie Matinee - MT 2:00 Mahjong - GL 7:00 Backgammon/Chess/Board Games - GL 7:45 Movie Night - MT	8 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR 2:30 Cash Bingo - GR 4:00 Happy Hour - GR	9 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk - CY 9:30 Coffee & Donuts - LB 9:45 <i>Trip to the Becoming Center Gym (SU) - VT</i> 10:00 Balance & Conditioning Fitness Class - GR 10:30 Resident Association Board Meeting - PD 11:00 Advanced Cardio Fitness Class - GR 1:00 <i>Shopping at the Neshaminy Mall (SU) - VT</i> 1:30 Pinochle - CR 2:00 Stitch Club - MT 3:00 Mexican Train - GL 7:45 Netflix: Explained - MT	10 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:00 Functional Fitness - GR 1:30 Bocce Ball - CY 2:00 Card & Board Games - GL 2:00 Manor Q&A Meeting - GR 3:00 Men's Club - CR 4:00 Computer Help with Luke - MT 7:30 An evening of entertainment with the Mummers! - GR 7:45 Netflix: Emily in Paris - MT	11 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 11:15 Trip & Event Planning Meeting - PD 1:30 Bridge - CR 2:00 Liberty-Wide Trivia Challenge - GR 2:15 Rummikub - GL 4:00 Outdoor Happy Hour - PT	12 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 10:45 <i>Grocery Shopping Trip (SU) - VT</i> 11:00 Functional Fitness - GR 1:30 Line Dancing Fun - GR 2:00 Card & Board Games - GL 2:45 Wii Bowling - GR 4:00 Happy Hour in the Halls	13 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - MT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 MOTHERS DAY 2:00 Movie Matinee - MT 2:00 Mahjong - GL 7:00 Backgammon/Chess/Board Games - GL 7:45 Movie Night - MT 	15 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR 1:30 Shuffleboard with friends - PT 2:30 Trivial Pursuit - CR 4:00 Happy Hour - GR	16 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk - CY 9:30 Coffee & Donuts - LB 9:45 <i>Trip to the Becoming Center Gym (SU) - VT</i> 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 1:00 <i>Shopping at Walmart (SU) - VT</i> 1:30 <i>Trip to the Polls for the PA Primary - VT</i> 1:30 Pinochle - CR 3:00 Mexican Train - GL 4:00 Computer Help with Aidan (SU) - MT 7:45 Netflix: Explained - MT	17 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:00 Functional Fitness - GR 1:00 Clothing & Shoe Donation Event 2:00 Card & Board Games - GL 2:15 Beer & Billiards with Bill - GL 3:00 Men's Club - CR 7:45 Netflix: Emily in Paris - MT	18 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 9:30 Blood Pressure Checks - GL 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 1:30 Bridge - CR 1:30 <i>Shopping at the Newtown Farmers Market (SU) - VT</i> 2:15 Rummikub - GL 4:00 Outdoor Happy Hour - PT 6:30 Piano Music with Amy - LB	19 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 10:45 <i>Grocery Shopping Trip (SU) - VT</i> 11:00 Functional Fitness - GR 1:30 Line Dancing Fun - GR 2:00 Card & Board Games - GL 2:45 Wii Bowling - GR 4:00 Happy Hour in the Halls	20 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - MT
21 2:00 Movie Matinee - MT 2:00 Mahjong - GL 7:00 Backgammon/Chess/Board Games - GL 7:45 Movie Night - MT	22 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR 11:45 <i>Men's Club Lunch (SU) - VT</i> 2:30 Cash Bingo - GR 4:00 Happy Hour & New Resident Welcome - GR	23 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk - CY 9:30 Coffee & Donuts - LB 9:45 <i>Trip to the Becoming Center Gym (SU) - VT</i> 10:00 Balance & Conditioning Fitness Class - GR 10:00 Marketing Event - PT 11:00 Advanced Cardio Fitness Class - GR 1:30 Pinochle - CR 2:00 Stitch Club - MT 3:00 Mexican Train Dominoes - GL 7:45 Netflix: Explained - MT	24 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 10:00 Marketing Event - PT 11:00 Functional Fitness - GR 11:00 <i>Trip to the Limerick Outlets (SU) - VT</i> 1:30 Bocce Ball - CY 2:00 Card & Board Games - GL 2:00 Mensa - CR 3:00 Men's Club - CR 4:00 Computer Help with Luke - MT 7:45 Netflix: Emily in Paris - MT	25 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 12:00 <i>Ladies of Leisure Lunch trip - Gran Rodeo for Margaritas and Mexican Food (SU) - VT</i> 1:30 Bridge - CR 2:15 Rummikub - GL 4:00 Outdoor Happy Hour - PT	26 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 10:45 <i>Grocery Shopping Trip (SU) - VT</i> 11:00 Functional Fitness - GR 1:30 Line Dancing Fun - GR 2:00 Card & Board Games - GL 2:45 Wii Bowling - GR 4:00 Happy Hour in the Halls	27 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - MT
28 2:00 Movie Matinee - MT 2:00 Mahjong - GL 7:00 Backgammon/Chess/Board Games - GL 7:45 Movie Night - MT	29 MEMORIAL DAY 8:00 Fitness Video - GR 9:00 Water Volleyball - PL 10:00 Fitness Video - GR 11:15 Rosary Society - GR 1:30 Shuffleboard with friends - PT 4:00 Fun and Games with the Games Committee- GR	30 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk - CY 9:30 Coffee & Donuts - LB 9:45 <i>Trip to the Becoming Center Gym (SU) - VT</i> 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 1:30 Pinochle - CR 3:00 Mexican Train - GL 7:45 Netflix: Explained - MT	31 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:00 Functional Fitness - GR 2:00 Card & Board Games - GL 3:00 Men's Club - CR 7:45 Netflix: Emily in Paris - MT			