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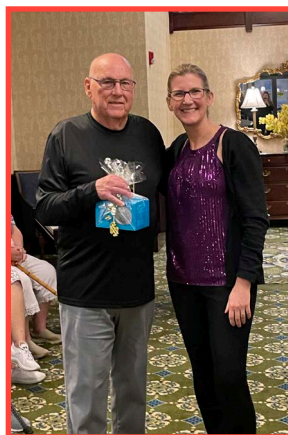
The Becoming Center

Editors & Contributors

Robyn Fine
Courtney Gawthrop
Chad Miller

Happy Anniversary!!!

Sounds of table games and slot machines filled the lobby as we celebrated the 22nd anniversary of The Manor at York Town. We enjoyed champagne punch, wine, and a delicious cake, as we played blackjack, roulette, poker, and the big money wheel. Congratulations to our luckiest residents of the night: Henry V., Rudy & Bruce. Our door prize winners included: Margo, Aylis, Anne S., Henry V. & Henry D. What a fun & fabulous night at The Manor!



Director's Corner



Happy Independence Day! I hope you enjoy celebrating this wonderful country on the 4th with family and friends. The Manor will be serving a delicious barbeque meal in the dining room, and our Resident

Games Committee will be hosting an afternoon of BINGO fun. Be sure to join them!

Last month we celebrated The Manor's 22nd anniversary with a fun-filled casino night. Manor residents and Future Resident Club (FRC) members played games, listened to lively piano music, and enjoyed a great evening together. These gatherings are a wonderful way for our prospective residents to get to know the community and all of you, as they wait for an apartment home to come available. Thank you for showing them such a lovely time! We will be hosting additional resident and FRC events this year, so be sure to tell your friends who are interested in living at The Manor, to join the waitlist so they don't miss out on the fun!

Having 100% occupancy is fabulous, but it also means we don't have any model apartments to show our visitors. This could pose a challenge, but we are so fortunate to have wonderful residents who graciously open their beautiful homes to Courtney and guests during tours and marketing events. Thank you for your hospitality. You help to make The Manor a great place to work and live!

Have a terrific month and enjoy the warm weather!

Wendy Petro

Executive Director, The Manor at York Town



Upcoming Trips...

**The Becoming Center Gym
Grocery Shopping at Giant**

**Shopping at the
Neshaminy Mall**

Ice Cream at Owowcow

**Walmart & Surrounding
stores**

Parx Casino

Event Highlights

**July 4 Independence Day
BBQ Buffet:** Join us in the dining room for traditional barbeque foods with friends.

July 10 Ted Talks: Join us to watch a 15-20 minute informative presentation on various topics, then hold our own discussion. July topic: *Can we transform the internet into a place of trust?*

**July 12 Dining Staff
Graduation Gift
Presentation & Resident
Association Quarterly
Meeting:** We will begin with the graduation gift presentation, followed by the Quarterly meeting. This meeting is open to all Resident Association members.

**July 13 Live Entertainment
& Happy Hour:** Enjoy wine, snacks and the smooth sounds of the Jazz Sanctuary trio.

**July 17 Medication Safety
Seminar:** Learn the dos and don'ts of medication administration & receive a bag of health & wellness items and resource materials. Presented by the Bucks County Area Agency on Aging.

**July 24 iPad and Connected
Living Refresher Class:** Join us for an overview of the software and bring your iPads and your Connected Living questions.

**July 26 Medical Alert
System Info Presentation:** Learn more about emergency medical alert systems, presented by Vital Link. Plus, free Pizza for all attendees! Signup via Connected Living Required.

July 31 Staff vs. Residents: Gather your friends for some friendly competition with employees, all week long! Signup required. Cheerleaders welcome!



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The Sounds of Students!

Both the *Holicong Middle School* and the *Tamanend Middle School Choir* performed for us last month. They sang popular classics, uplifting melodies, and songs of today. We were very impressed with the vocal talents of these young students and look forward to another performance next year!



Future RESIDENT CLUB



THE MANOR *at York Town*

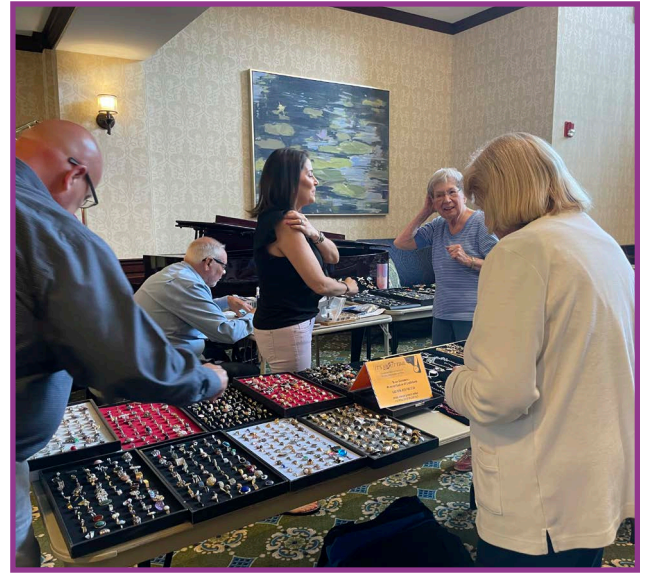
Secure your future with THE MANOR's Future Resident Club, as you don't want to miss out on the

Exceptional
RETIREMENT
LIVING **YOU DESERVE!**

The Manor at York Town
2010 York Road, Jamison, PA 18929
(267) 488-0398

Jewelry Sale and Repair

Jewelers from *It's About Time* brought a selection of jewelry for residents to peruse. They replaced watch batteries and repaired rings, necklaces, and bracelets for all interested residents.



Creative Coloring

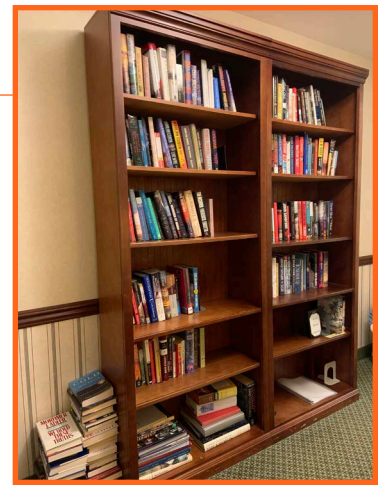
Several residents colored intricate collages, designed by Manor resident, Hank D. Hank created the template and each resident made the canvas their own. Thank you Hank, for sharing your creative talents with us!



Library Catalog

As you may be aware, the master library catalog is found in the **Community Resources** section of **Connected Living**, under *Manor Library*. You can also find a printout in the Coffee Shop. This master catalog lists every book by title, author, and location within The Manor libraries.

If you have any questions, please see our dedicated and knowledgeable librarian, Mary S.



A Night at the Prom

A few of our dining servers stopped by The Manor before heading to their Senior Prom. They looked beautiful in their elegant gowns and tuxedos. We wished them well before they danced the night away at the Prom.



Father's Day Cheer!

The men of The Manor received a sweet treat in their mailboxes, in celebration of the holiday. Happy Father's Day to all of the special fathers, grandfathers, sons, and uncles of The Manor at York Town!



Fitness Frenzy

Exercise Classes with Fitness Director John

Certified fitness instructor, John Miller, has been teaching classes at The Manor for close to 20 years. His popular classes are held every weekday, and you are all invited to get fit with John!



Strength and Stretch Class Improve your balance and flexibility with this fun and friendly class for all levels of mobility.

Every Monday, Wednesday & Friday at 8am and 10am

Balance and Conditioning Class Get your body moving and ready to take on the day! This class is open to all levels of mobility.

Every Tuesday and Thursday at 8am and 10am

Advanced Cardio Class For those interested in a more challenging workout, give this class a try! Move to the music with John and/or video fitness experts.

Every Thursday at 11am

Functional Fitness Class For those interested in a slower-paced, low impact class, give this class a try! Residents who may have low muscle tone, mobility concerns, recovering from illness or surgery, or just need a more mild class, are encouraged to attend.

Every Wednesday and Friday at 11am

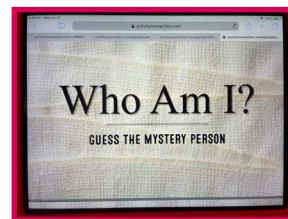
Walk with John Get some fresh air and walk along with friends. Depending on the weather we'll walk through the courtyard and around the soccer fields at the adjacent park, or through the community hallways.

Every Tuesday & Thursday at 8:45am

Please be aware of your physical limits and talk to your doctor and John to determine which classes are right for you.

Guess Who?

A group of residents came out to play a video guessing game. They viewed a slideshow of several clues before the answers were revealed.



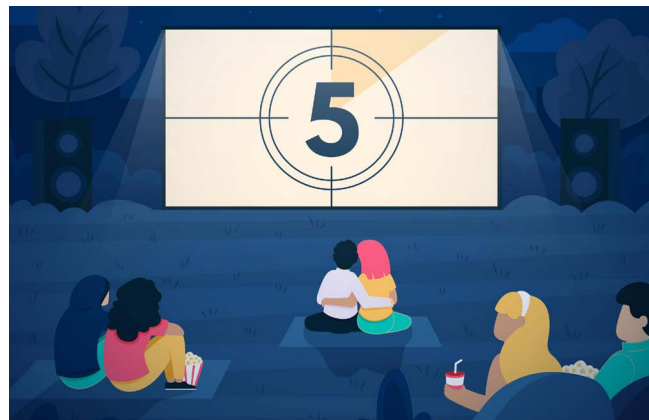
Blood Pressure Checks

Every month, Joe N. of *Powerback Rehabilitation* comes to our community to provide free blood pressure screenings for all interested residents.

Stop by the 2nd floor gaming lounge the 3rd Thursday of each month, if you would like to check in.

Upcoming Weekend Movies

Please check the activity calendar for specific viewing dates.
Please note: We will show the below films on Saturday at 7:45pm, and Sunday at 2pm and 7:45pm. Therefore, you have several options to view these popular Classic or New Release movies. You are also free to watch these or other movies anytime The Manor Theater is available. See the concierge for details.



Living 2022, A rigid and formal English bureaucrat's icy reserve begins to melt when a dire prognosis inspires him to build a surprising legacy. Starring Bill Nighy. 1h 42min, PG-13

The Young Victoria 2009, Eighteen year old British royal Victoria ascends to the throne and is romanced by future husband Prince Albert in this lush period film. Starring Emily Blunt and Rupert Friend. 1h 44min, PG-13

This Little Love of Mine 2021, A workaholic lawyer returns to her island home to convince an old friend to take over his family's business – but rekindled feelings soon get in the way. 1h 31min, TV-G

Father Stu 2022, After a failed boxing career and a near fatal motorcycle crash, a man finds his calling in the Catholic priesthood even as he faces a shocking diagnosis. Starring Mark Wahlberg and Mel Gibson, 2h 4min, R

Proof of Life (DVD) 2000, A woman hires a professional negotiator to obtain the release of her engineer husband, who has been kidnapped by anti-government guerrillas in South America Starring Meg Ryan and Russell Crowe. 2h 15min, R

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THE MANOR
at York Town



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THE MANOR
at York Town

2010 YORK ROAD
JAMISON, PA 18929



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*Residents of
The Manor at York Town
enjoy Membership
and*

***Becoming
Better
Than Ever!***

**THE
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CENTER
AT ARTMAN**

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www.BecomingCenter.org

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or to receive additional
information, please call
215-643-9908**