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The Becoming Center

Editors & Contributors

Robyn Fine
Courtney Gawthrop
Chad Miller

Happy Hour with the Jazz Sanctuary Trio

While residents enjoyed the Happy Hour wine and snacks, a trio of talented local musicians filled the great room with lively Jazz music. They not only performed brilliantly, but they also provided commentary and music history information.



Director's Corner



This month I officially celebrate 23 years with The Manor at York Town! As I think back over the years, I feel so fortunate to be working at this wonderful community. I have had the opportunity to meet

and help hundreds of families plan the next chapter of their retirement. Providing residents with a home that meets their needs and allows them the freedom to live life to its fullest, while leaving the worries of home maintenance to me and my team, gives me great satisfaction. Seeing residents laughing, making new friends, learning new things and supporting each other, is what gives my job meaning. I am so proud of the community I have helped build, and look forward to many more years together.

I am also proud of all of the capital improvements we have made throughout the years to keep The Manor looking beautiful. I am excited to share that the planning for the second floor hallway project is well underway. Artwork and furniture selections have been made, and once details are finalized with the decorator and carpet vendor, orders will be placed and painting of the hallways will begin. It is so wonderful to see the hallways come to life with new colors and décor, while keeping the overall elegant feel of the community. I'll keep you posted as we get closer to starting the work.

Have a fantastic month and enjoy this beautiful weather!

Wendy Petro

Executive Director, The Manor at York Town



Upcoming Trips...

The Becoming Center Gym

Neshaminy Mall

Men's Club & Ladies of Leisure Lunch outings

Parx Casino

Shopping Trip to Walmart and Marshalls

Rice's Outdoor Market

Event Highlights

Be sure to sign up on Connected Living for All Events & Trips you plan to attend.

Staff vs. Residents Tournaments at 3pm: Gather your friends for some friendly competition with employees! Cheerleaders welcome!

Mon, July 31:
Shuffleboard & popsicles

Tues, Aug 1:
Corn Hole & freeze pops

Wed, Aug 2:
Bocce Ball & water ice

Fri, Aug 4:
Wii Bowling & ice cream

Thursdays: Scarecrow Assembly Project: Help us design, decorate, and assemble our creation for the

Peddlers Village Scarecrow Festival. Join us on Aug 3 for our initial theme discussion.

Mon, Aug 7: Happy Hour and Live Entertainment: Enjoy wine snacks and a lively, interactive performance by Young at Heart. This duo sings familiar songs from the 1940s on up.

Wed, Aug 9: Prevention, Facts and Signs of a Stroke: The Stroke Outreach Coordinator at Doylestown Hospital will present a discussion on the signs and symptoms of a Stroke. All are invited to learn more about this life saving topic.

Mon, Aug 14: Ted Talks: Join us to watch a 15-20 minute informative presentation on various topics, then hold our own discussion. This month's topic: *The Skill of Humor*

Tues, Aug 15: Avoiding and Assessing Falls: Join PT Joe Nemcik of Powerback Rehab for a presentation on improving your gait and balance. He will also do a Fall Risk Assessment at the end of the program for any interested residents.

Wed, Aug 23: Manor Q&A Meeting: Join us for a discussion on current and future projects, updates, and answers to your submitted questions.



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Computer Lessons

Each week, our patient and knowledgeable volunteers will help with your iPad, Computer, Smartphone and Tablet questions. One-to one lessons are held each Thursday in August at 4pm, by our various student volunteers. Sign up on Connected Living and stop by the front desk to secure your 15 minute time slot.



Game Time!



Residents played a rousing game of *Win Lose or Draw*. They used their artistic abilities (or lack thereof!) to draw random book, movie, and song titles, phrases, and more, using colorful markers. Look for a variety of fun party games scheduled throughout the year. Join the fun!

Future RESIDENT CLUB



THE MANOR *at York Town*

Secure your future with THE MANOR's Future Resident Club, as you don't want to miss out on the

Exceptional
RETIREMENT
LIVING YOU DESERVE!

The Manor at York Town
2010 York Road, Jamison, PA 18929
(267) 488-0398

4th of July Fun!!!

Our Residents' Association Games Committee hosted a July 4th cash bingo game. Everyone had a great time, especially our big winners: Anne S., Jim C., Roberta H., Suzanne B., Eileen B., Elisabeth R., Leny A., & Ed S.



The Manor's Delightful Chef's Table Echoes Five Star Dining

In early July, residents enjoyed an elegant five-course dinner, exquisitely prepared by Chef Mark. The meal consisted of Gazpacho Soup, Shrimp Tempura, Key Largo Salad, Grilled Lamb Chops and a delectable Key Lime Pie for dessert.

Attendees commented that, "This dinner can only be compared to luxurious Michelin-starred restaurants," and "Chef Mark is a talented, knowledgeable, and amazing chef – what a wonderful meal."

The Chef's Table Dining Experience is offered several times a year. Be sure to inquire with the dining team if you would like to join them for the next one.



Informational Healthcare Presentations

The CARIE Senior Medicare Patrol held a discussion on how to avoid scams and Medicare related fraud issues. Residents learned the dos and don'ts of medication administration in an informative and engaging program presented by the Bucks County Area Agency on Aging. Local company VitaLink provided information on emergency medical alert systems and brought free Pizza for all attendees!



Scarecrow Time

The *Peddlers Village Scarecrow Festival* is approaching. Therefore, all residents are welcome to join us help to create our 2023 scarecrow. We will meet each Thursday at 3pm in the basement break room, and may add additional days as needed. We look forward to creating a memorable scarecrow to display at Peddlers Village!



Congratulations Graduates!

Congratulations to our current Manor dining servers and recent High School Graduates! The Residents' Association presented each of the graduates with a gift to celebrate their accomplishment, and thanked them for their service to our community.



GET THE VOTE OUT!

2023-24 Resident Board Elections Coming Soon.

Nomination forms are now available. If you would like to recommend a fellow resident for our upcoming Resident Association Board election. Elections will be held for Vice President, Treasurer & Member at Large in September.

August 10, 2023
(The last day to accept nominations)
Please submit your completed form to the box by the concierge desk.

Your input counts – submit your recommendations today.



Upcoming Weekend Movies

Please check the activity calendar for specific viewing dates. Please note: We will show the below films on Saturday at 7:45pm, and Sunday at 2pm and 7:45pm. Therefore, you have several options to view these popular Classic or New Release movies. You are also free to watch these or other movies anytime the Manor Theater is available. See the concierge for details.



Jobs 2013, Silicon Valley genius Steve Jobs changes the world but alienates the people around him as he rises from college dropout to the head of Apple. Starring Ashton Kutcher & Dermot Mulroney. 2h 7min; PG13

You People 2023, Families and cultures clash when 2 LA millennials from different backgrounds fall in love and try to win over each other's parents. Starring Julia Louis-Dreyfus and Eddie Murphy 1h 58min; R

Charlie Wilson's War 2007, A Texas congressman sets a series of events in motion when he conspires with a CIA operative to aid Afghan rebels fighting the Soviets. Starring Tom Hanks & Julia Roberts. 1h 41min; R

The Wonder 2022, Haunted by her past, a nurse in the 1860s travels from England to a remote village in Ireland to investigate a young girl's supposedly miraculous life without food. 1h 49min; R

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THE MANOR
at York Town

2010 YORK ROAD
JAMISON, PA 18929



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*Residents of
The Manor at York Town
enjoy Membership
and*

*Becoming
Better
Than Ever!*



250 North Bethlehem Pike Ambler, PA 19002

www.BecomingCenter.org

**To schedule a personal visit,
or to receive additional
information, please call
215-643-9908**