






# The Manor at York Town

# September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 10:45 Grocery Shopping Trip (SU) - VT 11:00 Functional Fitness - GR 2:00 Sequence and other Board Games - GL 2:30 Wii Bowling - GR 4:00 Happy Hour in the Halls	<b>2</b> 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - Memento (DVD) - MT
<b>3</b> 2:00 Mahjong - GL 2:00 Movie Matinee- Memento (DVD) - MT 7:00 Backgammon/Chess/Board Games - GL 7:45 Movie Night- Memento (DVD) - MT	<b>4</b>  <b>LABOR DAY</b> 8:00 Fitness Class Video - GR 9:00 Water Volleyball - PL 10:00 Fitness Class Video - GR 11:15 Rosary Society - GR <b>12:00 Labor Day BBQ</b> <b>4:00 Fun and Games with the Events Committee</b>	<b>5</b> 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 9:30 Coffee & Donuts - LB 9:45 Trip to the Becoming Center Gym (SU) - VT 10:00 Balance & Conditioning Fitness Class - GR 10:30 Dining Committee Tour & Meeting - PD 1:30 Pinochle - CR 3:00 Mexican Train Dominoes - GL 7:45 Netflix series: Explained - MT	<b>6</b> 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR <b>10:15 Belmar Beach and Lunch - VT</b> 11:00 Functional Fitness - GR 2:00 Hand & Foot and other Card Games - GL 3:00 Men's Club - CR <b>4:00 Computer Help with Marina - MT</b>	<b>7</b> 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR <b>TBA Barbie at the Regal Warrington Theater - VT</b> 1:30 Bridge - CR 2:00 Rummikub - GL 3:00 Scarecrow Assembly Project - BR <b>4:00 Barbie/Oppenheimer Themed Happy Hour – PT/GR</b> 7:45 Netflix: Emily in Paris - MT	<b>8</b> 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 10:45 Grocery Shopping Trip (SU) - VT 11:00 Functional Fitness - GR 1:30 Ted Talks - <i>Living in a Man's and a Woman's World</i> - GR 2:00 Sequence and other Board Games - GL 2:30 Wii Bowling - GR 4:00 Happy Hour in the Halls	<b>9</b> 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - Inception (DVD) - MT
<b>10</b> 2:00 Mahjong - GL 2:00 Movie Matinee- Inception (DVD) - MT 7:00 Backgammon/Chess/Board Games - GL 7:45 Movie Night- Inception (DVD) - MT	<b>11</b>  <b>PATRIOT DAY</b> 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR <b>12:30 Prize Bingo, Lunch &amp; Doc Talk with PHEO (People Helping Each Other) - GR</b> 4:00 Happy Hour - GR	<b>12</b> 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 9:30 Coffee & Donuts - LB 9:45 Trip to the Becoming Center Gym (SU) - VT 10:00 Balance & Conditioning Fitness Class - GR 10:30 Resident Association Board Meeting - PD 1:00 Shopping at Walmart (SU) - VT 1:30 Pinochle - CR 2:00 Stitch Club - MT 3:00 Mexican Train Dominoes - GL 7:45 Netflix series: Explained - MT	<b>13</b> 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR <b>10:30 Kitchen Tour with Steve</b> 11:00 Functional Fitness - GR <b>11:00 Shopping at the Limerick Premium Outlets - VT</b> 2:00 Hand & Foot and other Card Games - GL <b>2:30 Fish &amp; Seafood Discussion and Tastings - GR</b> 3:00 Men's Club - CR <b>4:00 Computer Help with Luke - MT</b>	<b>14</b> 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 11:15 Trip & Event Planning Meeting - PD 1:30 Bridge - CR 2:00 Rummikub - GL <b>4:00 Cruise into Fall: Wine &amp; hors d'oeuvres - GR</b> <b>6:15 Cruise into Fall: Live Entertainment - PT</b> 7:45 Netflix: Emily in Paris - MT	<b>15</b> 8:00 Fitness Class Video - GR 9:00 Water Volleyball - PL 10:00 Fitness Class Video - GR 10:45 Giant & Marshalls Shopping trip (SU) - VT 11:00 Functional Fitness - GR <b>1:30 Hearing Loss and its Effects Presentation - GR</b> 2:00 Sequence and other Board Games - GL 2:30 Wii Bowling - GR 4:00 Happy Hour in the Halls	<b>16</b> ROSH HASHANAH 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - A Beautiful Life - MT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> <b>ROSH HASHANAH</b> 2:00 Mahjong - GL 2:00 Movie Matinee - <i>A Beautiful Life</i> - MT 7:00 Backgammon/Chess/ Board Games - GL 7:45 Movie Night - <i>A Beautiful Life</i> - MT	<b>18</b> 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR <b>1:30 Medicare Options            Presentation - GR</b> 2:30 Trivial Pursuit - CR 4:00 Happy Hour - GR	<b>19</b> 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 9:30 Coffee & Donuts - LB <b>9:45 Trip to the Becoming Center            Gym (SU) - VT</b> 10:00 Balance & Conditioning Fitness Class - GR <b>1:00 Shopping at the Neshaminy            Mall (SU) - VT</b> 1:30 Pinochle - CR 3:00 Mexican Train Dominoes - GL 7:45 Netflix series: Explained - MT	<b>20</b> 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:00 Functional Fitness - GR 11:00 Billiards with Bill - GL <b>1:00 Trip to Parx Casino - VT</b> 2:00 Hand & Foot and other Card Games - GL 3:00 Men's Club - CR <b>4:00 Computer Help with Luke -            MT</b>	<b>21</b> 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 9:30 Blood Pressure Checks - GL 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 1:30 Bridge - CR 2:00 Rummikub - GL 4:00 Outdoor Happy Hour - PT 6:30 Piano Music with Amy - LB 7:45 Netflix: Emily in Paris - MT	<b>22</b> <b>FALL BEGINS (Autumnal            Equinox)</b>  8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR <b>10:45 Grocery Shopping Trip (SU) -            VT</b> 11:00 Functional Fitness - GR 2:00 Sequence and other Board Games - GL 2:30 Wii Bowling - GR 4:00 Happy Hour in the Halls	<b>23</b> 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - <i>Burnt</i> - MT
<b>24</b> <b>Yom Kippur            begins at Sundown</b> 2:00 Mahjong - GL 2:00 Movie Matinee - <i>Burnt</i> - MT 7:00 Backgammon/Chess/ Board Games - GL 7:45 Movie Night - <i>Burnt</i> - MT	<b>25</b> <b>YOM KIPPUR</b>  8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR 2:30 Cash Bingo - GR 4:00 Happy Hour - GR	<b>26</b> 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY <b>9:00 Vaccine Clinic - MT</b> 9:30 Coffee & Donuts - LB <b>9:45 Trip to the Becoming Center            Gym (SU) - VT</b> 10:00 Balance & Conditioning Fitness Class - GR <b>1:00 Stroll through Peddlers            Village - VT</b> 1:30 Pinochle - CR 2:00 Stitch Club - MT 3:00 Mexican Train Dominoes - GL 7:45 Netflix series: Explained - MT	<b>27</b> 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR <b>10:30 Kitchen Tour with Steve</b> 11:00 Functional Fitness - GR 1:30 Mensa - CR 2:00 Hand & Foot and other Card Games - GL 3:00 Men's Club - CR <b>4:00 Computer Help with John -            MT</b>	<b>28</b> 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR <b>11:00 Shopping with Cultivated            Closet - LB</b> <b>12:00 Ladies of Leisure Lunch trip -            Terrain (SU) - VT</b> 1:30 Bridge - CR 2:00 Rummikub - GL 4:00 Outdoor Happy Hour - PT 7:45 Netflix: Emily in Paris - MT	<b>29</b> 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR <b>10:45 Grocery Shopping Trip (SU) -            VT</b> 11:00 Functional Fitness - GR <b>11:45 Men's Club Lunch (SU) - VT</b> 2:00 Sequence and other Board Games - GL 2:30 Wii Bowling - GR 4:00 Happy Hour in the Halls	<b>30</b> 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - <i>How            Do You Know</i> - MT