


The Manor at York Town

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00 Mahjong - GL 2:00 Movie Matinee - <i>How Do You Know</i> - MT 7:00 Backgammon/Chess/Board Games - GL 7:45 Movie Night - <i>How Do You Know</i> - MT	2 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR 2:30 Jeopardy - GR 4:00 Happy Hour - GR	3 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 9:30 Coffee & Donuts - LB <i>9:45 Trip to the Becoming Center Gym (SU) - VT</i> 10:00 Balance & Conditioning Fitness Class - GR 11:00 Dining Committee Meeting - PD 1:30 Pinochle - CR 3:00 Mexican Train Dominoes - GL 7:45 Netflix series: Explained - MT	4 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:00 Functional Fitness - GR <i>11:00 Lunch at the Shady Maple Smorgasbord - VT</i> 2:00 Hand & Foot and other Card Games - GL 3:00 Men's Club - CR 4:00 Computer Help with Luke - MT	5 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 1:30 Bridge - CR 2:00 Rummikub - GL 4:00 Octoberfest Happy Hour - PT 7:45 Netflix: <i>Suits</i> - MT	6 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR <i>10:45 Grocery Shopping Trip (SU) - VT</i> 11:00 Functional Fitness - GR 1:30 Ted Talks - Live to Lead, Jacinda Arden - GR 2:00 Sequence and other Board Games - GL 2:30 Wii Bowling - GR 4:00 Happy Hour in the Halls	7 2:00 Canasta/Hand & Foot Cards - GL 2:00 Private Party - GR 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - <i>Jesus Revolution</i> - MT
8 2:00 Mahjong - GL 2:00 Movie Matinee - <i>Jesus Revolution</i> - MT 7:00 Backgammon/Chess/Board Games - GL 7:45 Movie Night - <i>Jesus Revolution</i> - MT	9 COLUMBUS DAY 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR 2:30 Cash Bingo - GR 4:00 Tell a Joke Happy Hour! - GR 	10 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 9:30 Coffee & Donuts - LB <i>9:45 Trip to the Becoming Center Gym (SU) - VT</i> 10:00 Balance & Conditioning Fitness Class - GR 10:30 Resident Association Board Meeting - PD <i>1:00 Shopping at the Neshaminy Mall (SU) - VT</i> 1:30 Pinochle - CR 2:00 Stitch Club - MT 3:00 Mexican Train Dominoes - GL 7:45 Netflix series: Explained - MT	11 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:00 Functional Fitness - GR 11:30 Resident Association Potluck Brunch - GR 2:00 Hand & Foot and other Card Games - GL 3:00 Men's Club - CR 4:00 Computer Help with Marina - MT	12 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 11:15 Trip & Event Planning Meeting - PD 1:30 Bridge - CR 2:00 Rummikub - GL 4:00 Outdoor Happy Hour - PT 7:45 Netflix: <i>Suits</i> - MT	13 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR <i>10:45 Grocery Shopping Trip (SU) - VT</i> 11:00 Functional Fitness - GR 2:00 Sequence and other Board Games - GL 2:30 Wii Bowling - GR 4:00 Happy Hour in the Halls	14 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - <i>State of Play</i> - MT

<p>15 2:00 Mahjong - GL 2:00 Movie Matinee - <i>State of Play</i> - MT 7:00 Backgammon/Chess/Board Games - GL 7:45 Movie Night - <i>State of Play</i> - MT</p>	<p>16 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR 1:30 Healthy Lifestyles and Supportive Solutions presentation - GR 2:30 Trivial Pursuit - CR 4:00 Happy Hour - GR</p>	<p>17 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 9:30 Coffee & Donuts - LB <i>9:45 Trip to the Becoming Center Gym (SU) - VT</i> 10:00 Balance & Conditioning Fitness Class - GR <i>1:00 Shopping at Walmart (SU) - VT</i> 1:30 Pinochle - CR 3:00 Mexican Train Dominoes - GL 7:45 Netflix series: Explained - MT</p>	<p>18 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 10:00 Kitchen Tour with Steve 11:00 Functional Fitness - GR 11:00 Billiards with Bill - GL <i>1:00 Trip to Parx Casino - VT</i> 2:00 Hand & Foot and other Card Games - GL 3:00 Men's Club - CR 3:00 Pumpkin Painting with Sharon - BR 4:00 Computer Help with Luke - MT</p>	<p>19 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 9:30 Blood Pressure Checks - GL 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR 1:30 Bridge - CR 2:00 Rummikub - GL 4:00 Outdoor Happy Hour - PT 6:30 Piano Music with Amy - LB 7:45 Netflix: <i>Suits</i> - MT</p>	<p>20 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR <i>10:45 Giant & Marshalls Shopping trip (SU) - VT</i> 11:00 Functional Fitness - GR 1:30 Scattergories Game - GR 2:00 Sequence and other Board Games - GL 2:30 Wii Bowling - GR 4:00 Happy Hour in the Halls</p>	<p>21 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - <i>The Wife</i> - MT</p>
<p>22 2:00 Mahjong - GL 2:00 Movie Matinee - <i>The Wife</i> - MT 7:00 Backgammon/Chess/Board Games - GL 7:45 Movie Night - <i>The Wife</i> - MT</p>	<p>23 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR 2:30 Cash Bingo - GR 4:00 Happy Hour - GR</p>	<p>24 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 9:30 Coffee & Donuts - LB <i>9:45 Trip to the Becoming Center Gym (SU) - VT</i> 10:00 Balance & Conditioning Fitness Class - GR 10:00 Free Farmers Market! - LB 1:30 Pinochle - CR 2:00 Stitch Club - MT 3:00 Mexican Train Dominoes - GL 7:45 Netflix series: Explained - MT</p>	<p>25 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:00 Functional Fitness - GR 1:30 Mensa - CR 2:00 Hand & Foot and other Card Games - GL 3:00 Men's Club - CR 4:00 Computer Help with John - MT 5:30 Chef's Table - PDR</p>	<p>26 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 10:00 Balance & Conditioning Fitness Class - GR 11:00 Advanced Cardio Fitness Class - GR <i>12:00 Ladies of Leisure Lunch trip - Terrain (SU) - VT</i> 1:30 Bridge - CR 2:00 Rummikub - GL 4:00 Outdoor Happy Hour - PT 7:45 Netflix: <i>Suits</i> - MT</p>	<p>27 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR <i>10:45 Grocery Shopping Trip (SU) - VT</i> 11:00 Functional Fitness - GR 11:45 Men's Club Lunch (SU) 2:00 Sequence and other Board Games - GL 2:30 Wii Bowling - GR 4:00 Happy Hour in the Halls</p>	<p>28 2:00 Canasta/Hand & Foot Cards - GL 3:00 Men's Club - CR 3:00 Ladies' Club - LR 7:45 Movie Night - <i>Happiness for Beginners</i> - MT</p>
<p>29 2:00 Mahjong - GL 2:00 Movie Matinee - <i>Happiness for Beginners</i> - MT 7:00 Backgammon/Chess/Board Games - GL 7:45 Movie Night - <i>Happiness for Beginners</i> - MT</p>	<p>30 8:00 Strength & Stretch Fitness Class - GR 9:00 Water Volleyball - PL 10:00 Strength & Stretch Fitness Class - GR 11:15 Rosary Society - GR 2:45 Happy Hour & Halloween Magic Show - GR</p>	<p>31 HALLOWEEN 8:00 Balance & Conditioning Fitness Class - GR 8:45 Outdoor Walk with John - CY 9:30 Coffee & Donuts - LB <i>9:45 Trip to the Becoming Center Gym (SU) - VT</i> 10:00 Balance & Conditioning Fitness Class - GR 1:30 Pinochle - CR 3:00 Mexican Train Dominoes - GL 7:45 Netflix series: Explained - MT</p>	<p>HAPPY HALLOWEEN</p>	<p><i>Sign up on Connected Living for ALL EVENTS you plan to attend.</i></p>		<p>THE MANOR <i>at York Town</i></p>