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The Becoming Center

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Cruise into Fall

Marketing guests and residents enjoyed a fabulous evening of upscale hors d'oeuvres, fine wine, and lively entertainment during our annual fall marketing event. Our friends from the *Chaddsford Winery* provided a variety of fine wines, and we all danced and sang along to the sounds of *The Where's Pete Band*. This event is one of our favorites each year, and we were blessed with beautiful weather, good food, fun, and friends. What a fantastic way to start the season!



Director's Corner



Last month, residents and guests danced the night away with the *Where's Pete* Band as we "Cruised into Fall". The weather was perfect and the courtyard was a beautiful setting for this wonderful

evening event. Chaddsford Winery served fine wine, and our dining team butlered delicious hors d'oeuvres. What a fabulous night of singing, laughing, and dancing. I hope you enjoyed it as much as I did!

The fun will continue this month with a Halloween Party on October 30th. Feel free to come in costume and experience a magical performance by *Gentry*. We'll enjoy audience participation and lots of laughter, so be sure to save the date!

We will also begin our hallway renovation project this month on the second and third floors. Wallpaper will be removed and the painting will begin, followed by new carpet, furniture, and artwork. I will post start dates for each phase on Connected Living as soon as they are scheduled.

Finally, don't miss the Peddler's Village *Scarecrow in the Village Festival*, which runs through October 29th. Shop for the holidays while enjoying the imaginative sights of the various scarecrows that line the walkways. Be sure to pick up a ballot and vote for your favorites including #120, our "Wearing Hope" scarecrow, in honor of Breast Cancer Awareness Month. Our scarecrow looks amazing, and was creatively crafted by Sharon and the talented Manor residents.

Have a wonderful month, and a safe and spooktacular Halloween!

Wendy Petro

Executive Director, The Manor at York Town



Upcoming Trips...

Lunch at the Shady Maple Smorgasbord, Lancaster

Trip to the Becoming Center Gym

Neshaminy Mall, Marshalls & Walmart

Men's Club & Ladies of Leisure Lunch outings

Resident Association Potluck Brunch: Wed, Oct 11: Enjoy a variety of foods, prepared by your fellow residents. Pre-registration required with the form in your mailbox.

Healthy Lifestyles and Supportive Solutions presentation: Mon, Oct 16: Join Ellen Donovan, RN of One Life Consulting for an informative presentation on remaining independent and navigating the complex world of late-life care. Light snacks available.

Scattergories Game: Fri, Oct 20: Play along with this quick thinking word game. Fun for all!

Pumpkin Painting with Sharon: Wed, Oct 18: Join us to make creative Halloween pumpkins for the annual contest. Bring your supplies or use ours.

Piano Music with Amy: Thurs, Oct 19: Local pianist Amy will play background music in the lobby. Pull up a chair or stroll by and enjoy.

Free Farmer's Market: Tues, Oct 24: Receive a free tote bag while you shop the Friendly Farm Stand in the Manor Lobby. All fruits and vegetables are provided free by our friends at Independence Blue Cross Medicare. Enjoy!

Chef's Table Dinner: Wed, Oct 25: Enjoy a gourmet dinner, elegantly prepared by Chef Mark. Advanced reservations required.

Halloween Happy Hour: Mon, Oct 30: Dress up or come as you are. Enjoy a Halloween magic show, with the Magic of Kirtley.

Event Highlights

Be sure to sign up on Connected Living for All Events & Trips you plan to attend.

Octoberfest Happy Hour: Thurs, Oct 5: Join us to watch a resident blind beer tasting contest. Interested in participating? See Robyn. All others are welcome to sip their happy hour wine and watch to see who can guess the beer varieties.

Ted Talks: Fri, Oct 6: Join us to watch a 15-20 minute informative presentation on various topics, and then hold our own discussion. October topic: *Live to Lead*, Jacinda Arden

Tell a Joke Happy Hour: Mon, Oct 9: At one of our previous Ted Talks discussions, we learned that anyone can be a comedian! Therefore, we are asking attendees to recite a tasteful joke, as we pass the mic around the room. If you don't have a joke, we may provide a few to share with the group.



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Bingo, Lunch, and Medical Info

Last month, residents played bingo, ate delicious hoagies, and learned from representatives of Patina Health, a primary care medical group offering home visits to seniors in our area. If you are interested in learning more, brochures and business cards are available in the Community Life office.



Attention Veterans!

If you served in the military, please confirm or add your name and information to our Veterans spreadsheet at the front desk. Additionally, if you did not provide a photo of yourself in uniform last year, please bring one to the front desk (if available). We will display all photos at our Veterans Day Happy Hour event on Friday, November 10.



Future RESIDENT CLUB



THE MANOR *at York Town*

Secure your future with THE MANOR's Future Resident Club, as you don't want to miss out on the

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Scarecrow Time

Throughout the month of September, staff and residents worked diligently on our annual scarecrow. In honor of Breast Cancer Awareness month, our *Wearing Hope* scarecrow has made its way to its new home at *Peddler's Village*. It will be on display through the month of October.

Be sure to vote for our Scarecrow (#120 in the Think Pink category), if you visit the festival.



Fish & Seafood Discussion

Our seafood vendor, *Samuels and Son*, visited The Manor last month to provide an open discussion on seafood and fish varieties. They brought samples of popular fish entrees and invited feedback from the residents. Look for some of the items discussed to appear on future Manor menus.



Ladies & Men's Clubs

Not only do the men of The Manor meet for a weekly social hour on Wednesdays and Saturdays, but the women of The Manor have started their own group as well. All ladies of The Manor are invited to come to the living room at 3:00pm on Saturdays to enjoy coffee, bring your favorite snacks, or just stop by to socialize with friends. Enjoy the company and conversation!



Labor Day fun for all!

A large group of residents enjoyed hoagies, bingo, trivia, and party games during the Labor Day holiday. Thank you to the Resident Events Committee for organizing a fun time for all!



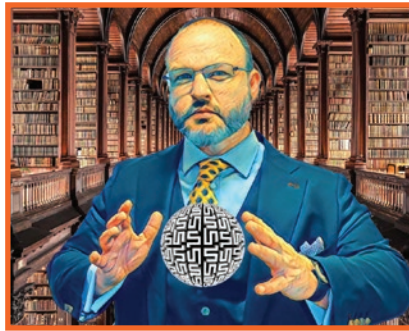
Kitchen Tours

Residents were escorted on a behind the scenes tour of our kitchen by Dining Services Director, Steve. They learned about the equipment, processes and how the magic happens each night!



Halloween Magic

On Monday, October 30th at 3:30pm, we will celebrate Halloween with a magic show. Master illusionist and mentalist, Gentry will perform his magical act. Feel free to dress up for Halloween, or just come out and have a little fun with us.



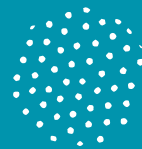
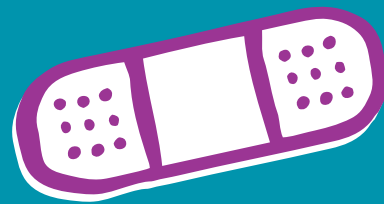
We will also announce the winners from our pumpkin decorating contest. All are welcome!



Flu Shots and Boosters!

Last month, Small Town Pharmacy administered flu, shingles, and other vaccines to all interested residents and staff at The Manor.

Here's to a happy and healthy fall season!



Upcoming Weekend Movies

Please check the activity calendar for specific viewing dates. Please note: We will show the below films on Saturday at 7:45pm, and Sunday at 2pm and 7:45pm. Therefore, you have several options to view these popular Classic or New Release movies. You are also free to watch these or other movies anytime the Manor Theater is available. See the concierge for details.



Jesus Revolution 2023, Inspiring movie based on a true story in the 1970s about a hippie street preacher, an unhappy teenager, and a straightlaced pastor who wind up creating a new church after crossing paths. Starring Kelsey Grammer. 1h 59min; PG-13

State of Play 2009, A veteran journalist teams up with a young reporter to untangle a web of lies surrounding the suspicious death of a woman tied to a powerful politician. Starring Ben Affleck, Russel Crowe, & Rachel McAdams. 2h 7min; PG-13

The Wife 2017, In Stockholm, a supportive spouse looks back and reconsiders her choices in life as her self-absorbed husband accepts the Nobel Prize. Starring Glenn Close, Jonathan Pryce & Christian Slater. 1h 40min; R

Happiness for Beginners 2023, A romantic comedy about a school teacher who ventures towards a grueling hiking trip for a fresh start after a divorce. Starring Luke Grimes & Ellie Kemper. 1h 43min; TV-14

THE MANOR
at York Town



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at York Town

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enjoy Membership
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