

News from FEBRUARY 2024 THE MANOR

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The Becoming Center

Editors & Contributors

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New Years Fun!

The Resident Events
Committee organized
another fun event to ring in
the new year. A large group
of residents enjoyed wine,
butlered hors d'oeuvres, and a
white elephant gift exchange.
Some folks dressed up and
took beautiful photos by the
Christmas Tree. We look
forward to the next party
with the Events Committee!















Director's Corner



It's February, and I sure hope Punxsutawney Phil doesn't see his shadow on Groundhog's Day. The snow looks pretty, but I've had enough of the cold winter weather. Thank you to Bill

and Bryan for doing a great job keeping the community safe during the multiple snow and ice storms last month! Here's hoping the worst is over, and we'll see an early spring. Be sure to join us for the Leap Year Luau Happy Hour on the 29th to keep the warm thoughts coming!

The painters have been busy painting the second floor hallways and will move on to the third floor when they are finished. This will be followed by new hallway carpet installation in mid-February. I will let you know the exact timing as soon as the installation schedule is finalized. Later this month, or early next month, we will also be refreshing the salon with new paint and flooring. I can't wait to see all of these beautifully transformed areas as they are completed.

We welcomed several wonderful new residents over the past few months, and continue to grow our Future Residents Club (FRC). Later this month, we will host a mid-week Winter Brunch Buffet with members of our FRC so they can continue to get to know the community and all of you. A flyer will be posted soon with all of the details, so be sure to make your reservations.

Wishing you all a happy Valentine's Day filled with love, joy, and happiness!

Wendy Petro
Executive Director, The Manor at York Town





Upcoming Trips...

Trip to the Becoming Center Gym

Neshaminy Mall & Parx Casino

Men's Club & Ladies of Leisure Lunch outings

Shopping Trip to Walmart & surrounding stores

Event Highlights

Be sure to sign up on Connected Living for All Events & Trips you plan to attend.

Select Wednesdays:

Computer Lessons: Local high school students and computer "whizzes" will be here to help with your iPad, tablet, smartphone or laptop questions.

Thursdays at 11am: The new Water Aerobic class: Will be offered weekly for those who are seeking a pool class to improve balance and strength.

Feb 2: Ted Talks: Watch a 15-20 minute informative presentation on various topics, and then hold our own discussion. This month's topic: A guide to believing in yourself.

Feb 5: American

Heritage Credit Union: A representative from this local bank will provide info and small prizes for all who stop at his table in the lobby.

Valentine Craft with Sharon: Let's see how creative you can be! Sample craft is on display in the coffee shop. Sign up to join in. Feb 8: Happy Hour and Live Entertainment: Enjoy wine, snacks and the music of the Great American Songbook by local performer, Paula Johns.

Feb 11: SuperBowl Sunday: Watch the big game with friends and see who wins the football pool!

Feb 13: Mardi Gras: Enjoy fresh YUM YUM donuts in the loby at 9:30am to celebrate Fat Tuesday.

Feb 14: Ash Wednesday
Service: Join Pastor Nathan
of the Redeemer Lutheran
Church for a spiritual holiday
service. All are welcome.

Feb 14: Valentine's Day
FlowerGrams: Send a smile
to your neighbors! Carnations
and personalized greetings will
be delivered to your neighbors'
doors on Feb 14. Purchase
your flowergrams in advance
at the Concierge desk.

Feb 21: Manor Q&A
Meeting: Directors from
each department will share
updates and answer your
submitted questions.

Feb 22: Cranium Crunches
Game: Can you figure out these
challenging word and picture
puzzles? Come by to find out!

Feb 28: Winter Brunch Buffet: Enjoy a mid-week Sunday brunch. Mingle with future neighbors and friends and enjoy a delightful brunch buffet.

Feb 29: Leap Year Luau
Happy Hour: Let's dream
about summer and enjoy
refreshing Fruity Cocktails at
Happy Hour! Feel free to wear
your favorite summertime
Hawaiian shirts.



Super Bowl Pool & Watch Party

The Manor "Gaming Commission" has organized another Super Bowl Pool for the big game on Sunday, February 11th. Based on the scores each quarter, cash prizes will be awarded, along with a grand prize for the final score. Join your fellow residents in the Great Room during the Super Bowl, to watch the San Francisco 49ers vs. the Kansas City Chiefs.

Computer Help is Here

Knowledgeable and friendly high school students, Luke and John, as well as IT professional Marina, will be here several Wednesdays per month at 4:00pm to help residents with their computer, tablet or phone questions. While they may not be able to fix every issue, they will certainly use their knowledge to address your technology questions.

Stop by the front desk in advance to sign up to receive your time slot.







New Water Fitness Class for 2024!

Fitness Director John has begun his new Water Aerobics class in January. The class is designed for all residents who wish to improve their strength, flexibility, and balance. Regardless of whether you're an avid swimmer or rarely utilze the pool, all are welcome to "suit up" and give it a try!







All Aboard!

Retired history teacher and train enthusiast, Phil H., provided an interesting and educational lecture on the history of the Pennsylvania Railroad.













Food Collection Drive

On Martin Luther King Day, staff and residents worked together to sort and group a variety of greatly needed donations for the Bucks County Food Pantry in Doylestown . Throughout the month, The Manor collected an impressive number of items including cans of soup, cereals, pasta sauces, snacks, and a large variety of other food and hygiene products totaling close to 200 lbs. A big thank you to everyone who contributed to the drive. The recipients and the *Bucks County Housing Group* truly appreciate your kindness and generosity.











Valentine Canvas

Crafty residents created colorful canvases to celebrate the upcoming Valentine's holiday. A big thank you to housekeeper Sharon, who lends her time, supplies, and creative talents to guide these festive projects throughout the year. The next project will occur on February 26 at 3pm. Signup on Connected Living to join us.















Blood Pressure Screenings

Physical Therapist Joe N. of Powerback Rehab, will be here at 9:30am on the 3rd Thursday of each month. Stop by to utilize this free service to track your blood pressure numbers each month.



Upcoming Weekend Movies

Please check the activity calendar for specific viewing dates. Please note: We will show the below films on Saturday at 7:45pm, and Sunday at 2pm and 7:45pm. Therefore, you have several options to view these popular Classic or New Release movies. You are also free to watch these or other movies anytime the Manor Theater is available. See the concierge for details.

Elvis 2022, Elvis Presley finds fame and fortune as the King of Rock & Roll while struggling to escape the control of his controversial manager. Starring Austin Butler & Tom Hanks. PG13, 2h 39min

A Walk in the Woods 2015, A travel writer decides to hike the Appalachian Trail and enlists his long-estranged friend, a wisecracking recovering alcoholic, to tag along. Starring Robert Redford and Nick Nolte. R, 1h 44m



Maestro 2023, This fearless love story chronicles the compelling lifelong relationship between music legend Leonard Bernstein and Felicia Cohn Bernstein. Starring Bradley Cooper & Carey Mulligan. R, 2h 11m

Bank of Dave 2023, Inspiring, feel-good movie about a small town whose big financial institutions fail its people, and a self-made car dealer decides to fight the odds and set up his own local bank. PG13, 1h 47m





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