

News from MARCH 2024 THE MANOR

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The Becoming Center

Editors & Contributors

Robyn Fine Courtney Gawthrop Chad Miller

A Sweet Treat for Mardi Gras

On *Fat Tuesday*, February 13, the snow storm didn't stop residents from enjoying a special decadent snack to celebrate the holiday. Instead of our usual Danish or Dunkin Donuts, we enjoyed freshly baked *Yum Yum Donuts*, in a variety of shapes and flavors.













Director's Corner



Since we ended February with warm wishes during our Leap Year Luau, and Punx-sutawney Phil didn't see his shadow, we should be having an early spring. I choose to believe Phil, since I would

much rather have the warmer weather...but I guess time will tell. Speaking of time, don't forget Daylight Savings begins on Sunday, March 10th at 2am, so be sure to "spring forward" and turn your clocks ahead one hour that morning (or Saturday night before you go to bed).

This month we will celebrate St. Patrick's week with the Fitzpatrick Irish Dancers on the evening of Monday the 11th, and end the week with a lively happy hour on Friday the 15th in the lobby. Enjoy some Irish tunes while sipping Bailey's hot chocolate or wine, and enjoying Irish potatoes. Be sure to join us for the fun!

The second floor hallways look great with new carpet and paint, and the third floor will be completed early this month. Window treatments will be installed on the second floor in late March/early April; and as of now, the furniture and artwork are scheduled to arrive mid-May. We are so excited to see the hallways transform, and I will keep you posted as the installation dates are finalized.

Have a wonderful month. Enjoy the celebrations as well as the warmer weather, and may the luck of the Irish be with you!

Wendy Petro
Executive Director, The Manor at York Town



Upcoming Trips...

Newtown Farmer's Market Trip to the Becoming Center Gym

Neshaminy Mall

Men's Club & Ladies of Leisure Lunch outings

Shopping Trip to Walmart

Event Highlights

Be sure to sign up on Connected Living for All Events & Trips you plan to attend.

Mar 7: Win Lose or Draw Game: See if you can guess the person, place or thing that your fellow residents attempt to draw. No experience or artistic ability required.

Mar 8: Ted Talks: Watch a 15-20 minute informative presentation on various topics, and then hold our own discussion. This month's topic: Birds aren't real? How a conspiracy takes flight

Mar 11: Fitzpatrick Irish
Dancers: Enjoy a lively
performance in celebration of
the upcoming holiday.

Mar 19: Estate Planning, Mistakes, Solutions Strategies: A NY Life advisor will discuss the transfer tax system & navigate suitable, cost-efficient solutions to enhance your plans. All are welcome to learn more.

Select Wednesdays:
Computer Lessons: Local
high school students and
computer "whizzes" will be
here to help with your iPad,
tablet, smartphone or laptop
auestions.

Mar 20: Billiards with Bill: Shoot pool with facilities director and avid pool enthusiast, Bill. Beginners to advanced players are welcome.

Mar 20: Spring Craft with Sharon: Join Sharon to create a spring craft for your apartment door. Limit 10, sign up via Connected Living required.

Mar 29: Good Friday Service: Join Pastor Nathan of the Redeemer Lutheran Church for a spiritual service open to all.



Bingo Time!

A group of Bingo enthusiasts gather in the Great Room twice a month to press their luck and compete to win! Who will be our big winner of the day? Come by on select Monday afternoons to find out – it could be you!



Computer Help is Here

Knowledgeable and friendly high school students, Luke and John, as well as IT professional Marina, will be here several Wednesdays per month at 4:00pm to help residents with their computer, tablet or phone questions. While they may not be able to fix every issue, they will certainly use their knowledge to address your technology questions.

Stop by the front desk in advance to sign up to receive your time slot.







Valentine's Day FlowerGrams

Dozens of residents received a Valentine's surprise on their door, in time for the holiday. Residents sent individually wrapped flowers and a friendly greeting to their neighbors, to let them know they were thinking of them this winter. Happy Valentine's Day to all of the couples and good friends at The Manor!











Super Bowl Party

Residents organized a fun and friendly Super Bowl watch party and Pool for the big game. Congratulations to our lucky winners – Resident Jim N., Dining Manager Amy, and Hairdresser Andrea. Stay tuned for our March Madness Tournament!











Ash Wednesday at The Manor

Last month, the Great Room was filled as Pastor Nathan, of the Redeemer Lutheran Church, led a special Ash Wednesday worship service, open to all residents.







A Visit from the Bank

American Heritage Federal Credit Union stopped by to offer information and prizes for staff and residents.







Welcome to Our New Resident

Nancy J. moved into her 3rd floor apartment in late January.

She comes to us from the nearby Heritage Creek Community, where she lived for over 12 years. Prior to Heritage Creek, Nancy lived all over Bucks County, including Churchville, New Britain Township, Feasterville, and Langhorne.



Nancy grew up in Feasterville, PA and graduated from Lower Moreland High School and West Chester University. She spent her entire career as a 1st grade teacher at Longstreth Elementary, in the Centennial School District. Nancy has 2 children and 3 grandchildren.

As for hobbies, Nancy loves hiking, walking and volunteering. She is a proud member of the League of Women Voters, and spends her free time delivering Meals on Wheels. One of Nancy's true passions is travel, and she has explored several exotic places including India, Vietnam, Egypt, Fiji, Australia, New Zealand, and the Middle East. Fun Fact: Several years ago, she and her husband bought a camping trailer and drove from Bucks County to Alaska, enduring the adventurous 11,700 mile round trip trek together. Nancy says she is happy she made the move to The Manor, and is enjoying meeting and dining with all of her friendly neighbors.

Welcome to The Manor, Nancy!

Show Stopping Entertainment

Residents enjoyed a jazzy happy hour with local performer Paula Johns and pianist, Jim Holten. We sang along to familiar favorites from Ella Fitzgerald, Frank Sinatra, Louie



Armstrong and more. We look forward to the next time this talented duo perform at The Manor.





Blood Pressure Screenings

Physical Therapist Joe N. of Powerback Rehab, comes to The Manor at 9:30am on the 3rd Thursday of every month. Stop by to utilize this free service to track your blood pressure numbers each month.

Upcoming Weekend Movies

Please check the activity calendar for specific viewing dates. Please note: We will show the below films on Saturday at 7:45pm, and Sunday at 2pm and 7:45pm. Therefore, you have several options to view these popular Classic or New Release movies. You are also free to watch these or other movies anytime the Manor Theater is available. See the concierge for details.

Leave the World Behind 2023, An American apocalyptic psychological thriller film in which 2 families encounter a strange sequence of events. Starring Julia Roberts and Mahershala Ali. R, 2h 18min

Queen Bees 2021, Temporarily moving to a retirement community, a headstrong woman navigates mean cliques, high-stakes card games and new relationships. Starring Ellen Burstyn, James Caan, and Ann Margaret. PG13, 1h 41m



The Hill 2023, In this film based on a true story, a young baseball hopeful chases his major league dreams while living with a degenerative spinal condition. Starring Dennis Quaid. PG, 2h 6m

The Good Shepherd 2006, An upstanding Yale student is recruited to work for the CIA during WWII, but the job soon begins to erode his ideals. Starring Matt Damon, Angelina Jolie & Robert DeNiro. R, 2h 47m





www.TheManoratYorkTown.org





250 North Bethlehem Pike Ambler, PA 19002 www.BecomingCenter.org