

News from APRIL 2024 THE MANOR

IN THIS ISSUE

Page 2

Director's Corner Upcoming Trips Event Highlights

Page 3

Manor Strikers!

A Little Competition
Among Friends!

Future Residents Club

Page 4

Irish Dancing Marketing Events

Page 5

Outdoor Games Crafty Residents!

Page 6

Welcome New Resident Good Friday Blood Pressure Screenings

Page 7

Upcoming Weekend Movies Like us on Facebook Review us on Google

Page 8

The Becoming Center

Editors & Contributors

Robyn Fine Courtney Gawthrop Chad Miller

Happy St. Patrick's Day!

Residents flocked to the lobby last month to celebrate the holiday with a special treat. We all enjoyed Irish potatoes and warm hot chocolate with a dash of Bailey's Irish Cream, and toasted to the start of a happy, healthy spring season. A big thank you to Trudy B., Peter C. and Jerry B., for sharing their musical talents as we sang along to popular Irish tunes.













Director's Corner



Spring is here, and with the warmer weather upon us, we will be restarting our outdoor activities. Be sure to check your calendar for shuffleboard, bocce, outdoor happy hour and other

fresh-air activities. Our outdoor walking group will also be gathering in the courtyard every Tuesday and Thursday at 8:45am. Join them for some cardio and conversation as they head to the park next door! Don't be surprised if you pass a few Manor employees taking advantage of the paths in park as well. Annually, Liberty Lutheran offers an employee walking challenge which begins on April 1st this year. Cheer on the staff as they try to get their steps in, to improve their health and possibly win the challenge!

Last month we received the results of our employee engagement survey that we conducted in December. Liberty surveys their employees every two years to provide feedback on what we are doing right, and where we can improve as an employer. Knowing what a wonderful team we have at The Manor, I was anxious to see the survey results. I am happy to report that we received some of the highest scores for employee engagement across Liberty! That doesn't mean we won't work on making things even better, but it gives us a good place to start. The Manor truly is a great place to work and live!

Enjoy the nice weather and your time with family and friends. Have a happy Easter or Passover!

Wendy Petro
Executive Director, The Manor at York Town



Upcoming Trips...

Hello Dolly at the Music Mountain Theater

Shopping at Neshaminy Mall

CB East Presents: Les Miserables

Trip to the Becoming Center Gym

Shopping at Giant, Walmart, Marshalls and surrounding stores

CB South Presents: *The Music Man*

Wine Tasting - Buckingham Valley Vineyard

Event Highlights

Signup in advance for all activities on CONNECTED LIVING.

Wednesdays: Computer Lessons: Local high school students will be here to help with your iPad, tablet, smartphone or laptop questions. Sign up at the Concierge Desk to reserve your time slot.

Apr 5: Ted Talks: Join us to watch a 15-20 minute informative presentation on various topics, and then hold our own discussion. This month's topic: How we are priming some kids for college and others for prison Apr 11: Pump it Up for Parkinson's: Be a part of the national effort to raise awareness on the benefits of exercise for individuals living with Parkinson's. Hop on the NuStep machine to see how many steps we can collectively reach in one day!

Apr 15: Volunteer
Appreciation Ice Cream
Social: As a thank you for
your volunteer efforts, all
residents who serve on
committees and volunteer
for marketing are invited.

Apr 18: Blood Pressure
Checks: Powerback Rehab
staff will provide Blood
pressure readings for any
interested residents.

Apr 24: Spring Craft with Sharon: Create decorative bud vases with friends. Advanced sign up required.

Apr 29: Happy Hour & Presentation on Native American History: Enjoy a glass of wine and learn an overview of indigenous tribes, from Professor Emerita of Literature and Creative Writing, Juilene Osborne-McKnight.

Apr 29: Scattergories Game: Play along with this quick thinking word game. Fun for all!



Manor Strikers!

The Manor has a dedicated group of bowling enthusiasts that play on the Wii every week. The team is going strong and their scores are climbing quickly. Last month, the team collectively bowled 9 strikes in one game, resulting in a score of 225. Go team!



A Little Competition Among Friends!

The NCAA March Madness college basketball tournament is in full swing. The overall winner of our Manor



pool will be revealed in early April. Good luck to all of the participants!



The next fun and friendly competition will take place on Saturday, May 4, for the 2024 Kentucky Derby. More info on how to join the action will follow in the coming weeks. Good luck to all of The Manor Gamers!



Irish Dancing

In celebration of St. Patty's Day, talented dancers from the Fitzpatrick School of Irish Dance performed at The Manor last month. We were all mesmerized as they gracefully moved their feet to the music in unison.

















Marketing Events

Last month, The Manor hosted 2 successful, well attended marketing events. Prospective residents from across our region visited our beautiful community to learn about the amenities, spacious apartments, and all the unique features that make our community the best in Bucks!













Outdoor Games

Spring is here, and with it comes beautiful weather and fun & games! Shuffleboard and Bocce Ball are available anytime. If you plan to get a group together to play each week, please see Robyn to add your schedule to the monthly calendar. We will also begin our walking club on Tuesday and Thursday mornings – join us!







Crafty Residents!

In celebration of the start of Spring, several residents created beautiful floral wall art. Lead housekeeper and crafting enthusiast, Sharon, guided residents as they made their own unique designs.







Welcome to Our New Resident



Carol Ann moved into The Manor early last month. She comes to us from nearby Ivyland, where she lived for close to 25 years. Prior to Ivyland

where she lived for close to 25 years. Prior to Ivyland, she lived and raised her family in Holland, PA. Carol Ann grew up in Bensalem, and attended St. Hubert's High School. She then continued her education at Bucks County Community College and received her degree in Business Administration. She spent the majority of her career working for Northampton Township before retiring. She has four sons and 10 grandchildren. As for hobbies, Carol Ann enjoys reading non-fiction, historical books, playing cards and board games, and going to the theater. She is super excited to have moved into the community and she enthusiastically exclaims, "I thought I died and went to Heaven!" whenever anyone asks about her experience at The Manor so far. We're so happy Carol Ann is enjoying her time with us.

Welcome to The Manor's version of heaven, Carol Ann!

Good Friday at The Manor

Last month, the Great Room was filled as Pastor Nathan, of the Redeemer Lutheran Church, led a special holiday worship service, open to all residents.







Blood Pressure Screenings

Physical Therapist Joe N. of Powerback Rehab, comes to The Manor at 9:30am on the 3rd Thursday of every month. Stop by to utilize this free service to track your blood pressure numbers each month.

Upcoming Weekend Movies

Please check the activity calendar for specific viewing dates. Please note: We will show the below films on Saturday at 7:45pm, and Sunday at 2pm and 7:45pm. Therefore, you have several options to view these popular Classic or New Release movies. You are also free to watch these or other movies anytime the Manor Theater is available. See the concierge for details.

Irish Wish 2024, When the love of her life gets engaged to her best friend, she puts her feelings aside to be a bridesmaid at their wedding in Ireland. Starring Lindsay Lohan. 1h 33min, TV-G

Noah 2014, Noah is chosen by God to undertake a momentous mission before an apocalyptic flood cleanses the world. Starring Russell Crowe, Jennifer Connelly & Anthony Hopkins. 2h 18min, PG13



I Can Only Imagine 2018, The inspiring and unknown true story behind Mercy Me's beloved, chart topping song that brings ultimate hope to so many is a gripping reminder of the power of true forgiveness. Starring Dennis Quaid. 1h 50min, PG

Damsel 2024, A dutiful damsel agrees to marry a handsome prince, only to find the royal family has recruited her as a sacrifice to repay an ancient debt. Starring Millie Bobby Brown & Angela Bassett. 1h 50min, PG13





www.TheManoratYorkTown.org





250 North Bethlehem Pike Ambler, PA 19002 www.BecomingCenter.org