



## Staff vs Residents Olympic Games

During the week-long tournament, the staff, residents and future residents gave it their all! The staff won 3 of the games, but the residents ended the week with a big win at the Wii Bowling tournament. Regardless of the scores, the staff, residents, and spectators had a great time cheering (and jeering) for the teams. Congratulations to all of the “athletes” and a big thank you to everyone for joining the fun!

### IN THIS ISSUE

#### **Page 2**

Upcoming Trips  
Event Highlights

#### **Page 3**

Director’s Corner  
Cruise Into Fall!

#### **Page 4 – 5**

August Event Highlights

#### **Page 6**

August Event Highlights  
Like us on Facebook!

#### **Page 7**

September Movies in the  
Manor Theater

#### **Page 8**

Becoming Center  
Future Residents Club





## Upcoming Trips

- Belmar Beach & Lunch
- Neshaminy Mall
- Peddler’s Village
- Parx Casino
- Shopping at the Limerick Premium Outlets

## September Event Highlights



**Labor Day BBQ:** Residents will enjoy a traditional barbeque meal with friends to celebrate the Labor Day holiday.

**Fun & Games with the Events Committee:** The Residents’ Association Events Committee will provide hoagies and an assortment of party games to celebrate the holiday!

**Ted Talks:** Friday, Sept. 13<sup>th</sup>: Residents enjoy a 15-20 minute informative presentation on various topics, then hold their own discussion. September’s topic – *In the Internet age, dance evolves.*

**Philadelphia A-Z presentation:** *A fascinating look at Philly through the ages: “Radio Rick” Spector will present an informative and nostalgic discussion of ol’ Philadelphia.*

**Wellness demonstration with Oil Divine Skincare:** Beauty consultants will showcase their skincare, body care, & self-care products. Residents will be about to try products, receive samples, and enter the prize drawing take advantage of special ordering deals.



**Vaccine Clinic:** Small Town Pharmacy will visit this month to administer Flu, COVID, Shingles and other vaccines.

**Senior Planning Seminar:** Terry Lamplugh of Life Celebration by Givnish will join us for a discussion of planning goals and available veteran and healthcare resources.

2 **Outdoor games! Croquet & Corn Hole:** Residents will get together for some friendly outdoor competition.



## Director's Corner

Wow! Where did the summer go? We've had a lot of fun over the past few months, from our 23rd Anniversary Casino Party in June, to the July 4th barbeque lunch with Bingo and other games hosted by the resident Events Committee, to our Resident vs. Staff Olympics...there's never a dull moment!



This month, we will keep the good times rolling. First, with a Labor Day barbeque including more fun and games provided by the Events Committee. Then, our annual Cruise into Fall celebration on September 12th. This is always great fun, so be sure to sign up soon! Dust off your dancing shoes so you can enjoy this wonderful afternoon of delicious hors d'oeuvres, wine, and fabulous musical entertainment.

Also this month, we will take trip to the Belmar beach, pamper ourselves at the Oil Divine skincare presentation, and visit Peddler's Village to see the amazing scarecrows on display during their annual *Scarecrows in the Village* event. Our crafty Manor residents and staff member, Sharon, have created a fabulous scarecrow, "*Cheers to The Manor*", which we have entered into the competition. Please be sure to cast your vote when you visit Peddler's Village this month.

*Have a safe and wonderful Labor Day holiday!*



*We still have spots available!  
RSVP today!!*

**THE MANOR**  
*at York Town*

*Join us* FOR THE  
FESTIVITIES AT  
**THE MANOR!**

*Cruise into Fall with an exquisite afternoon of hors d'oeuvres, lively musical entertainment, and beverages. See some of our beautiful apartment homes and get a taste of the smooth-sailing lifestyle our residents enjoy at The Manor every day.*

**Join us on**  
**THURSDAY, SEPTEMBER 12TH**  
**FROM 3:30PM TO 5:30PM**

Please RSVP by Thursday, September 5, 2024  
by calling (267) 488-0398 or go to  
[TheManoratYorkTown.org/Cruise](http://TheManoratYorkTown.org/Cruise).

*Seating is limited.*

## Comedy Hour at The Manor



We enjoyed a entertaining performance by local comedian, Tim Conniff. We laughed along as he told stories of



stepping out of your comfort zone, the differences between the generations, and had us chuckling with a few silly “dad jokes.” Thank you Jerry B. for your interactive comedy banter, and Elisabeth R. for your flawless introduction.

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## Musical Road Trip

We welcomed a new musician to The Manor last month. Pianist and vocalist Jay Daniels, performed his show, “Road Trip Across America,” singing songs from artists from coast to coast.

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## Scarecrow Time

Our creative juices are flowing once again! Over the past few weeks, staff and residents have come together to work on our scarecrow for the Peddler’s Village Festival. This year, they creatively designed their “Cheers to The Manor” themed scarecrow. The *Peddler’s Village Scarecrow Festival* will be held September through October, and our van will take interested residents to stroll through the festival on Tuesday, Sept. 17.





## *Balance Assessments*



Powerback Physical Therapist Joe N., provided a discussion on improving balance, using assistive devices, strengthening your muscles, and what to do if you experience a fall. Joe also offered individual fall risk assessments to any interested residents.



## *A Beautiful Balcony!*

Have you seen Fred's beautiful balcony? Gardening enthusiast, Fred P. takes pride in his plants lining the perimeter of his charming and inviting balcony. Feel free to take a peek out the window by the grand staircase to see all of his flowers in bloom.



## *Billiards with Bill*

Residents are invited each month to spend time with our Facilities Director and pool enthusiast, Bill. Bill is happy to share his skills and instructions with you, or simply play a fun round of 8 ball.

## *Manor Q&A Meeting*

During the August Manor Q&A Meeting, directors of each department provided updates on past, present and future plans for the community. Staff answered resident questions, and offered details on upcoming projects.



## *iPad Refresher Class*



It's been over a year since we began utilizing the Connected Living. Residents have adapted well to this new technology that provides event calendars, dining menus, and community information at your fingertips. Those that were interested in learning more about the software attended our refresher class last month. Keep on using your Manor provided iPads to sign up for classes and events, and see Robyn with any additional questions.

## *Guess Who?*

Residents played *Who Am I? /What Am I?* last month. They received clues and tried to guess the famous person, place, or thing with this visual Q&A guessing game.



## *Like us on Facebook*

Have you visited the Manor's Facebook page lately? Check out our Facebook page to see photos of past events, trips and programs. View our monthly calendar and newsletter, and see what people are saying about our community. Don't forget to click the like button when visiting. Better yet, click the heart icon, to show your love for our community!

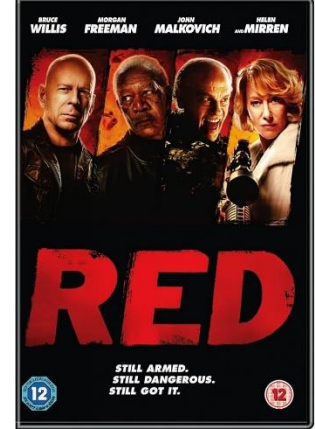
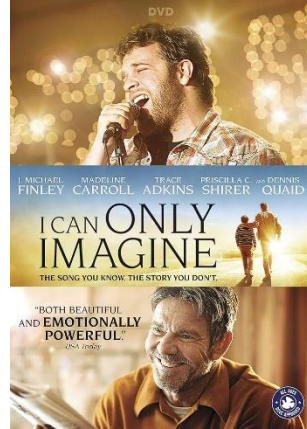
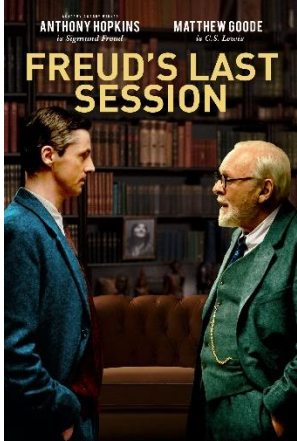


We also appreciate positive reviews on Google to help us get the word out about how wonderful our community is.





**Upcoming Movies:** We will show the below films on Saturday at 7:45pm, and Sunday at 2pm and 7:45pm. Therefore, you have several options to view these popular Classic or New Release movies. You are also free to watch these or other movies anytime the Manor Theater is available. See the concierge for details.



**Freud's Last Session** 2023, On the brink of WWII, Sigmund Freud invites C.S. Lewis over for a charged conversation about love, family, and God. Starring Anthony Hopkins. 1h 48min; PG13

**I Can Only Imagine** 2018, After years of struggling with his past, a young man writes a song that becomes an anthem of hope. Starring Dennis Quaid & Cloris Leachman. 1h 50min; PG

**Hillbilly Elegy** 2020, JD Vance's memoir about a Yale Law student drawn back to his Appalachian hometown to reflect on his family's history and his own future. Starring Glenn Close and Amy Adams. 1h 57min; R

**RED** 2010, A retired CIA operative is forced back into the game when an assassin puts a target on his back. Starring Bruce Willis & Morgan Freeman. 1h 51min; PG13



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