

News from THE MANOR

HALLOWEEN HAPPENINGS

Last month we found many fun ways to celebrate Halloween! Lead Housekeeper and crafting enthusiast, Sharon, helped us decorate pumpkins for the annual contest. We had a visit from Grandfather's College of Magic who performed mesmerizing tricks for us, then taught us the secrets of how to perform the tricks and create the magic ourselves. And finally, at our Halloween Happy Hour, we celebrated with a fun afternoon of costumes and trivia.



DIRECTOR'S CORNER



Last month we kicked off our holiday season with the Residents' Association Potluck Brunch. Many of our residents showed off their culinary talents with deliciously prepared breakfast and lunch entrees as well as desserts. A good time was had by all.

The festivities continued the next day with our Oktoberfest Happy Hour. Seasonal beer and wine was enjoyed as we listened, danced and sang along to the wonderful tunes performed by the Mummers. We ended the month with a spooktakular Happy Hour! Decorative pumpkins were on display and creative costumes filled the room. Congratulations to all of our prize winners!

This month we will honor our resident veterans during a Veteran's Day Happy Hour with our local legislators on November 11th. Then, from the 11th – 15th, we will show our community spirit each day by wearing themed attire. Be sure to check your calendars for the theme of the day. On the 21st, we will be treated to a complimentary Farmer's Market by Blue Cross Medicare, where you can fill your free tote with healthy fresh fruits, vegetables and plants! Finally, we will end the month on the 28th with a wonderful Thanksgiving Feast in our dining room.

Enjoy all of the fun this November has to offer, and have a happy Thanksgiving!



Upcoming Trips...



- Trip to the Becoming Center Gym
- Neshaminy Mall & Parx Casino
- Trip to the Polls – Exercise your Right to Vote!
- Shopping at Marshalls and Target
- Men's Club & Ladies of Leisure Lunch outings
- CB South High School Performance: One-Act Comedy Festival



BLOOD PRESSURE SCREENINGS

Physical Therapist Joe N., of PowerBack Rehab, comes to The Manor at 9:30am on the 3rd Thursday of every month. Residents stop by to utilize this free service to track their blood pressure numbers each month.



Event Highlights



·Nov 3: **Ted Talks:** We watch a 15-20 minute informative presentation on various topics, and then hold our own discussion. This month's topic: How Friendship can survive opposing Political Views.

·Nov 11: **Veterans Day Happy Hour:** We will honor our Manor Veterans with our local legislators during this special happy hour event.

·Nov 11-15: **Theme Days!** Residents and Staff will show community spirit by wearing their favorite attire as follows:

-Mon, Nov 11: *Patriot Day (wear red, white & blue!)*

-Tues, Nov 12: *Hat Day*

-Wed, Nov 13: *Black & White Day*

-Thurs, Nov 14: *Throwback Day (wear the oldest thing in your closet)*

-Fri, Nov 15: *Mismatch Day*

·Nov 18: Happy Hour and **From Hometown to Hollywood presentation:** Former model & actress, Carole Mallory will share stories and photos of her days in Hollywood.

·Nov 21: **Nutrition talk with PowerBack:** Physical Therapist, Joe N, from PowerBack will join us for a discussion on how what you eat can help or hinder your physical wellbeing residents.

·Nov 21: **Free Farmer's Market:** Residents will receive a free tote bag while they shop the Friendly Farm Stand in the Manor Lobby. All fruits, plants, and vegetables are provided free by our friends at Independence Blue Cross Medicare. Enjoy!

·Nov 28: **Thanksgiving Dinner:** Residents and their guests will join us in the dining room for a delicious Thanksgiving Feast from 12:00-2:00.

Future RESIDENT CLUB



THE MANOR *at York Town*

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The Manor at York Town
2010 York Road, Jamison, PA 18929
(267) 488-0398



Potluck Brunch!

The Residents' Association hosted a delightful brunch last month. Attendees showed off their culinary talents as they brought dishes ranging from breads, spreads, and salads, to full entrees and delectable desserts. A big thank you to the Residents' Association Potluck Brunch committee for organizing this enjoyable event, and to all of the residents who shared their delicious treats with their neighbors. Bon Appetit!



IT'S MUMMER TIME



The great room sparkled as the Mummers All Stars strutted their stuff during Happy Hour. We danced and sang along as the musicians in full costume played our favorite familiar tunes, reminiscent of their march down Broad Street.

Medicare Options

Last month, local, licensed insurance broker, Faye Hyman, provided an informative presentation on Medicare plans for the upcoming enrollment period.



We invite you to join us for a delicious chef prepared luncheon, followed by a tour of our welcoming community and beautiful apartment homes. This small-group event provides information on The Manor's lifestyle, apartment home choices, pricing packages and introduces you to one of the region's premier independent living communities.

Tuesday, November 12th at 12:00pm

FOR ADDITIONAL INFORMATION, PLEASE CONTACT

*Courtney Gawthrop at 267-488-0397
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*Residents of
The Manor at York Town
enjoy Membership
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AT ARTMAN**

250 North Bethlehem Pike Ambler, PA 19002
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or to receive additional
information, please call
215-643-9908

UPCOMING WEEKEND MOVIES



The Birds 1963, The classic movie about a dreamy coastal town that faces a sudden nightmare when flocks of birds inexplicably start launching vicious attacks on the residents. Staring Rod Taylor & Jessica Tandy. 1h 59min; PG13

In Good Company 2004, After a corporate shakedown, an accomplished ad exec now reports to a young, recent grad, who has eyes for his daughter. Starring Dennis Quaid, Topher Grace & Scarlett Johansson. 1h 49min; PG13

The World's Fastest Indian 2005, A flim based on a true story of an ambitious New Zealander who strives to break speed records on his beloved custom motorcycle. Starring Anthony Hopkins & Diane Ladd. 2h 6min; PG13

Lonely Planet 2024, An intimate romance about an author whose post-breakup trip to Morocco turns into an unexpected love story. Starring Laura Dern & Liam Hemsworth. 1h 36min; R

Woman of the Hour 2024, Based on a true story, an aspiring actress (Anna Kendrick) crosses paths with a serial killer on a 1970s dating TV show. 1h 35min; R

THE MANOR
at York Town

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